

## WEIDER ARTERY HEALTH\*

#### Facts \_

Your body has **20 major arteries** that carry blood from your heart and throughout your body.

Keeping arteries **flexible** is important for blood flow and overall heart health

Calcium is created in your bones and if not properly transported through your system **can deposit in your arteries**.

**97%** of Western populations are Vitamin K2 deficient or insufficient.

**Vitamin K2 is found** in meats, cheeses, dairy, fermented greens (kale, chard, leafy vegetables), butter, egg yolks.

Vitamin K2 may **prevent calcium deposits** in your blood vessels as well as may improve blood vessel elasticity.\*

Mena Q7® Vitamin K2 is the only **clinically supported and patented** vitamin K2 on the market. It is also the *most* clinically supported!

#### Ingredients \_\_\_\_\_

#### MenaQ7® Vitamin K2:

A clinically tested and patented form of vitamin K2. With a recommended dose of 180 mcg – which is found in Weider Artery Health – MenaQ7 has been shown to support artery, heart and bone health by transporting calcium effectively.\*

#### **Aronia Berry:**

A dark purple and naturally occurring fruit that is harvested all over the world (mostly Europe). Rich in anthocyanins, which have been clinically studied to support expanded blood flow.\*

#### **Ginger:**

A well known and powerful herb that has been clinically studied to show support of already healthy C-Reactive proteins. These proteins are important in your body's natural inflammation response.

#### Other ingredients:

Vitamin C, Vitamin B12, Vitamin B6, Vitamin B1 and more, to complement for overall heart health.

Are you one of the **97%** of Americans who are Vitamin K2 deficient?

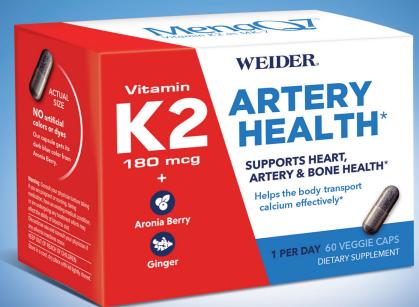
You are not alone and now there is Weider Artery Health to support your arteries, heart and bone health through proper calcium transportation.



with **Vitamin K2** ^s Mena\(\)7°

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Healthy Arteries Support a Healthy Heart



wiтн Vitamin K2

### **Supports Heart, Artery & Bone Health\***



Helps the body transport calcium effectively.\*



#### **GINGER ROOT**

A well-known and powerful herb that supports already healthy C-reactive protein levels.\*



#### ARONIA BERRY

Anthocyanins in aronia berry support expanded blood flow.\*

WEIDER.



## WEIDER ARTERY HEALTH\*

#### What is Weider Artery Health?

Weider Artery Health is a dietary supplement designed for both *men* and *women* (of any age) to support proper function of the arterial and cardiovascular system.\*

#### Why should I take Artery Health?

97% of people in the US are deficient in vitamin K2, the key ingredient in Weider Artery Health. K2 plays a very important role in keeping our cardiovascular system healthy, especially the pathways that carry your blood to vital organs.

#### **How does Artery Health work?**

Your bones create and release calcium into your cardiovascular system. Vitamin K2 has been clinically shown to effectively transport this calcium out of arteries and into bones.\*

#### What is MenaQ7?

There are many types of Vitamin K. MenaQ7 is the only and most clinically studied patented form of *Vitamin K2* on the market. It is easily absorbed and last in your body long enough to be beneficial.

#### What benefits will I get from Artery Health?

Artery, heart and bone health benefits, such as flexible arteries, healthy blood flow and support for stronger bones.\*

#### **Can I take Artery Health with prescription products?**

While adding Artery Health to your daily regimen is OK for most people, if you are taking a prescription medication you should check with your doctor to make sure there are no interactions. The Costco Pharmacist is also a great reference and may be able to tell you right away. It is safe to take with other heart healthy dietary supplements.

#### How do I know it works - what should I feel?

The main ingredients in Artery Health have been shown in clinical studies to support heart, artery and bone health.\* Like multivitamins, fish oils or other dietary supplements, you might not feel anything but know they work and support overall health!

**How should I take Artery Health?** 

# ACTUAL NO artificial Color for dyes Color for dyes

#### Why are the pills so dark?

We use a special fruit called Aronia Berry that's harvested all over the world to assist with heart health\* and the natural color of these berries is a deep purple. There are no artificial colors or dyes used in Artery Health.

Just 1 veggie cap per day per day in the A.M., preferably with a meal.

#### Can I take Vitamin K if I'm on a blood thinner?

Many people get confused because there are multiple forms of Vitamin K. Most often if you're on a blood thinner you are advised not to take Vitamin K1 because it can also thin your blood. Artery Health

contains Vitamin K2 NOT K1. You should speak to your doctor if you are curious about your current prescription meds.

with **Vitamin K2** As Mena()7°