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# A grown-up guide to acne

Even as restless, daydreaming teens, we knew that adult life was going to involve trade-offs — that for every late night spent with cool friends over legally purchased alcohol, we'd have to contend with mean bosses, terrifying mortgages and random backaches. But acne? Still? That wasn't supposed to be part of the bargain. So we've found answers to your questions about treatments, scarring and all-natural products that actually work





#### QUESTION 4:

# What are the best natural acne treatments?

By KATE GERTNER

**1** | A powerful blend of acids works with raspberry extract to exfoliate and clear congestion; white tea, bearberry and horse chestnut calm, brighten and soothe. You can use this serum as a spot treatment too.

*Drunk Elephant T.L.C. Framboos Glycolic Night Serum, \$112, [sephora.ca](https://www.sephora.ca).*