## The Classic CE5 CONTACT TRAINING CD Set Now Available Via Digital Download

- CD1, CD2, CD3 are in MP3 Digital Audio Format
- CD4 contains Digital PDF and Graphic Image Files
- All 4 CDs are in compressed (ZIP) format and require approximately160MB storage.

\*\* If you are not familiar with ZIP files, we suggest you have someone assist you on how to extract the MP3 Files (Audio) and PDF/Images to your mobile device or computer.

The URLs below provide Instructions on how to extract a ZIP file based on OS are shown below:

MAC OS https://support.apple.com/en-ca/guide/mac-help/mchlp2528/mac

iPhone/iPad <a href="https://support.apple.com/en-us/HT211132">https://support.apple.com/en-us/HT211132</a>

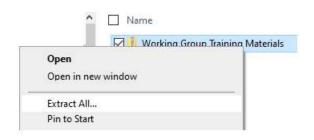
Android <a href="https://support.google.com/files/answer/9048509?hl=en">https://support.google.com/files/answer/9048509?hl=en</a>

## Windows

## Unzipping the entire file with 'Extract all'

**1.** Right-click the ZIP file. In the drop-down menu, click "Extract All..." The zip wizard will appear.

Name	Туре
🚹 Working Group Training Materials	Compressed (zipped) Folde



Select the "Extract All" option.

**2.** If you want to unzip the files to a different folder, click "Browse..." and choose a location.

Files will be extracted to this folder:	
\Desktop\Working Group Training Materials	Browse

**3.** Click "Extract" and the files will be unzipped and copied to the folder you chose.

Working Group Training Materials	Compressed (zipped) Folder	Working Group Training Materials > WGT-CD1		WGT-CD1	Working Group Training Materials > WGT-CD4	
📕 WGT-CD1	File folder	Name	#	Title	Â.	
WGT-CD2	File folder			Hac	Name	
WGT-CD3	File folder	Track 1			_Description-of-Contents_	
WGT-CD4	File folder				CE-5-Initiative-Summary	
		Working Group Training	Working Group Training Materials > WGT-CD2		CE-5-Initiative-Transcript	
					🧰 Coherent-Thought-Sequencing-Transcript	
		Name	#	Title	Collection1-Cosmology&Contact	
		Track 1			Collection2-Disclosure&Secrecy	
		Track 2		CSETI-Project		
		Index 2			🧰 Equipment-List	
					Field-Work-Tracks-Description	
		Working Group Training Materials > WGT-CD3		ls > WGT-CD3	Glossary-of-Terms	
		Name Track 1 Track 2 Track 3	# Title	Title	Intro-to-Asanas	
					🔤 Iridium-Flares	
					June-1998-Newsletter	
					Meditation-References	
					Spectrum-of-Reality	
		Track 4			Suggested-Reading-List	
		Track 5			👼 Top-Secret-Aircraft	
		Track 6		Tracing-Sound-to-UFO-Encounters		
				UFO-ET-Observed-Phenomena		
					UFOs-Visible-In-Infrared	
					VIP-Talking-Points-for-CSETI-Ambassadors	
					Wisdom-From-the-ETs	
					workingGroupManual	

## **\*\*** Prerequisites

- PDF File viewer
- Image Viewer
- Media Player to play MP3 Audio (Already included by default with your Device/OS)