

LIFE  
User Manual

**1 Seat Height Adjustment**  
To raise or lower the height, lift the lever on the right side of the chair and adjust to the proper height.

**2 Sliding Seat Depth Adjustment**  
Using the same lever as the seat height, push down to slide the seat within the 4inch seat depth range. Release the lever to lock the seat into position.

**3 Height Adjustable Arms**  
Lift the lever on the outside of the arm pad to adjust the arm height.

**4 Forward Seat Flex**  
No knobs or levers needed. Lean forward or perch towards the edge of the seat and Life's seat pan automatically adjusts to support your position.

**5 Upright Tilt Lock**  
To lock the seat in an upright position, push down the lever located on the left side of the seat. Lift lever to unlock.

**6 Flex Back**  
No need to adjust tension. Automatic recline tension counter-balances your body weight, resulting in perfect balance as you recline.

**7 Tension Selector**  
To perfect the tension adjust the preference lever located at the back on the chair while in the upright position.

**8 Height Adjustable Lumbar**  
Slide lumbar support up and down using the tabs.

