



Turmeric Infused Honey & Lemon Water

Prep time: 5 minutes Cook time: 0 minutes Total time: 5 minutes

Serves 1 glass

INGREDIENTS

1 tsp <u>Verdant Kitchen Turmeric Infused</u> <u>Honey</u>

1 cup water Juice of 1/2 a Lemon

INSTRUCTIONS

- 1. Boil your water and let cool.
- 2. Juice the lemon into the water.
- 3. Stir in the honey.

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