



Grilled Fruit Kebabs with Ginger Syrup



A selection of your favorite summer fruits - strawberries, pineapple, peaches, grapes work well - drizzled with Verdant Kitchen Ginger Syrup and grilled. An easy side dish or dessert that's sure to add some healthy flair to your picnic or barbecue!

INGREDIENTS:

1. Fresh fruit - 3-4 of your favorites such as strawberries, pineapple, peaches, grapes.
2. Verdant Kitchen Ginger Syrup – 1 tbsp.
3. Wooden skewers - soaked in water for 20-30 minutes.

DETAILS:

Prep Time: 5 minutes
Cooking Time: 2 minutes
Servings: 4

PREPARATION:

1. Prepare fruit, cutting larger pieces into 1-inch cubes.
2. Thread the fruit on the skewers.
3. Drizzle the fruit with Verdant Kitchen® Ginger Syrup and place the skewers on the grill.
4. Grill, turning once, until marks appear, 2 to 3 minutes. Transfer to a serving platter.

VERDANT KITCHEN PRODUCTS



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