

# AIR WALKER

### **INSTRUCTIONS FOR USE:**

- Unfasten boot closure straps, carefully remove the front panel over bulb/dial mechanism and TAKE LINER FULLY OUT OF THE SHELL. The air-bladder is inside the liner. DO NOT inflate the bladder at this time.
- While seated place the limb inside the liner, ensuring the heel is positioned at the rear. Wrap the liner snugly around the patient's leg and foot until secure.
- Have patient step back into boot with wrapped limb. The foot should be positioned flat with the heel at rear of the shell.
- Re-apply front panel and secure straps from bottom to top until comfortable The bulb/dial mechanism can be repositioned on the liner to aid in front panel application If required.

## HOW TO ADJUST AIR-BLADDER PRESSURE:

- Ensure the white dial is turned fully clockwise to close the air-bladder system
- To inflate depress the blue bulb repeatedly on the front of the boot. Placing your thumb behind the liner will aid in supporting the bulb while inflating. Inflate until the support feels stable but not too tight. **DO NOT OVER INFLATE** If slight air loss is experienced with extended wear, simply re-inflate following the instructions.
- To release air from the unit, turn the white dial anti-clockwise.
- When removing the boot ALWAYS deflate the air-bladder first.

#### TOE GUARD ADJUSTMENT:

- The Toe Guard has 3 settings and can be adjusted to accommodate foot length. The Toe Guard may also be removed if desired.
- To adjust Toe Guard, pull guard upward and then pull out from both sides of slots. Re-position the guard into desired slot with bevelled edge facing up and push downward to lock the guard into place.

#### **CARE INSTRUCTIONS:**

- Wipe shell down with a damp cloth
- **DO NOT** submerge the liner in water this could affect the functioning of the air-bladder. Spot clean the liner with a damp cloth if necessary. Air dry only.
- Do not machine wash or dry. Do not bleach

#### CAUTION:

Wear as instructed. Always consult a heath care professional when encountering persistent pain, discomfort, inflammation, rash or swelling. For single patient use only. Patients with known neuropathic circulatory disorders should be monitored closely. Overinflating may result in skin irritation. Use of a walker may cause hip and back pain due to disruption of natural walking gait. Consider wearing a shoe on the opposite side to even out gait.

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