



Application Instructions

1. Locate MKO label at top of brace.
2. Fold top of brace back until you can grip heel portion.
3. Pull brace over foot and up to the heel.
4. Fold back upper portion above heel.
5. Adjust where needed making sure the brace has a comfortable compression. The brace should not cut off circulation nor slide down the ankle. Figure of eight strap is supplied if further support is required.
6. To remove brace follow steps 1 and 2 then pull brace over toes.

To prevent moisture build up, store brace in an open dry area between uses.