

SPANISH STYLE LAMB SHANKS WITH POTATOES AND GREEN BEANS





INGREDIENTS:

- > 4 Lamb Shanks
- > 1 Brown Onion
- > 3 Garlic Cloves
- > 1 Red Capsicum
- > 500g Tomato, Garlic & Onion Sauce > 1/4 Bunch Parsley
- > 1 Tbsp Tomato Paste

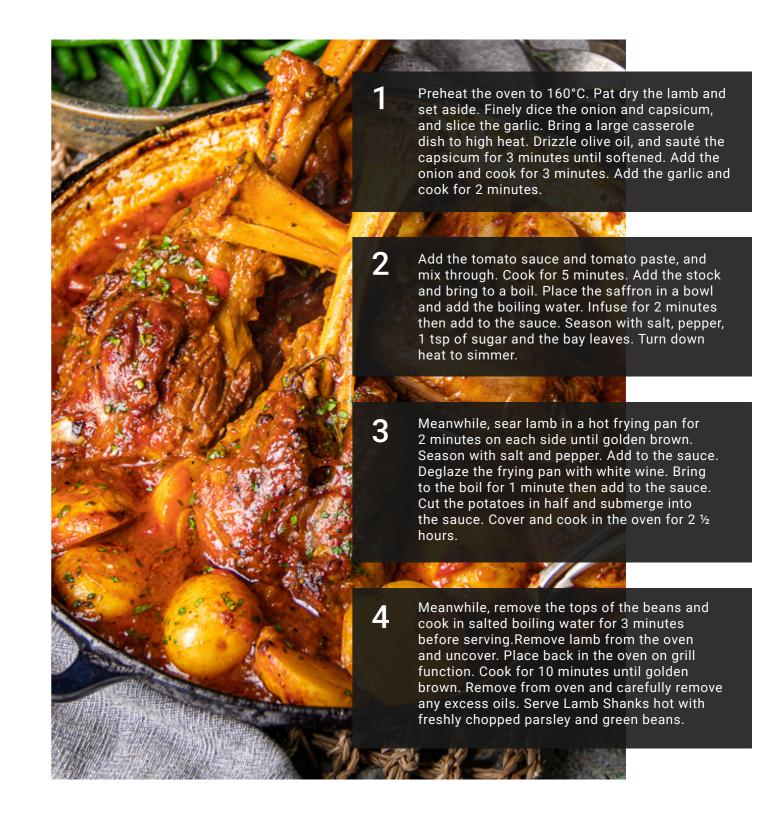
- > 500ml Chicken Stock
- > 500g Kestrel Baby Potatoes
- > 1 Pinch Saffron
- > 500g Green Beans

WHAT YOU'LL NEED FROM YOUR PANTRY:

- > Olive oil
- > Salt and Pepper
- > 2 Bay Leaves

- > ½ Cup White Wine
- > 1 Tbsp Boiling Water

METHOD - GET COOKING!



CHEF'S TIPS FOR COOKING AND LEFTOVER...

· There won't be any leftovers this time!

