

PORTOBELLO MUSHROOM, CAULIFLOWER AND BRIE CHEESE SOUP





INGREDIENTS:

- > 1 Brown Onion
- > ½ Leek
- > 2 Garlic Cloves
- > 1/4 Thyme Bunch
- > 300ml Cream
- > 500ml Stock
- > 300g Portobello Mushrooms

- > 1/2 Cauliflower
- > 120g Brie Cheese

WHAT YOU'LL NEED FROM YOUR PANTRY:

- > Olive Oil
- > Salt and Pepper

> Caramelised Balsamic Vinegar

METHOD - GET COOKING!



- Cut the cauliflower into florets, slice the mushrooms into 1cm pieces and pick the thyme. Dice the onion, finely dice the leek and crush the garlic. Set all ingredients aside.
- Bring a large casserole dish to high heat and drizzle with olive oil. Add the garlic, leek, onion and thyme. Cook for 2-3 minutes until golden brown, stirring regularly. Remove from pan and set aside.

Drizzle the **pan with more olive oil** and **sauté** the **mushrooms** for approximately 4-5 minutes **until darkened and soft**. **Remove** from pan and **set aside**.

Using the same pan, drizzle olive oil and sauté the cauliflower for approximately 4-5 minutes until golden. Add garlic onion sofrito back to pan, ½ of the cooked mushrooms and cook for 1 minute. Add the stock and bring to a boil.

Add the cream and bring to the boil again, season with salt and pepper, turn down heat to medium low and simmer for 15 minutes.

4 Blitz the soup using a stick blender until smooth. Cook for 5 minutes, then turn off heat and check seasoning.

Serve soup hot in a bowl with the remaining mushrooms, sprinkled with fresh thyme. Top with Brie cheese and drizzle with caramelised balsamic.

CHEF'S TIPS FOR COOKING AND LEFTOVER...

- Use leftover mushrooms in a pasta dish or risotto or simply just pan fry them for an avocado and toast breakfast.
- Use the leftover thyme on any protein or roasted vegetables.
- Once the brie has been added, press it down so it melts into the hot soup.

