

## FRENCH ONION SOUP





## **INGREDIENTS:**

- > 4 Brown Onion
- > 3 Garlic Cloves
- > 10 Sprigs Fresh Thyme
- > 2 Bay Leaves
- > 2 Tbsp Worcestershire Sauce
- > 1.5L Beef Stock
- > 1 Baguette
- > 150g Gruyere Cheese

## WHAT YOU'LL NEED FROM YOUR PANTRY:

- > 50g Butter
- > 1 ½ Tbsp Corn Flour
- > 1/3 Cup White Wine or Red Wine > Olive Oil
- > 2 Tbsp Caramelised **Balsamic Vinegar** 

  - > Salt and Pepper

## METHOD - GET COOKING!



CHEF'S TIPS FOR COOKING AND LEFTOVER ...

Finely slice the onions and the garlic. Pick the thyme leaves and finely chop them. Peel the potatoes and cut into 3cm pieces. Place them into a bowl with water and set aside. In a pot over high heat, drizzle olive oil and add half of the onions. Sauté for 5 minutes stirring occasionally. Add the remaining onions, garlic, bay leaves, and thyme to the pot and mix through. Cook for an additional 10 minutes

Add the butter and cook for another 15-20 minutes until onions are soft and golden brown. Add Worcestershire sauce, wine, and caramelised balsamic. Stir through and cook for 5 minutes. Add the Beef Stock and bring to a boil. Turn down heat to medium and season with salt and pepper.

Mix the flour with ½ cup of hot water, whisking well. Slowly add to the onion soup while stirring. Cook for another 10-15 minutes.

Preheat the oven on grill function to high. Slice the Baguette into 2 cm thick pieces. Serve the soup in 4 separate ovenproof bowls and place the bread slices on top of the soup. Grate the gruyere cheese over the bread and place into the oven for approximately 5 minutes, or until the cheese is melted and golden brown. Remove from oven and serve hot.



FEEDBACK OR QUESTIONS?

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