

YELLOW VEGGIE DHAL WITH ZUCCHINI, PUMPKIN AND GREEN BEANS





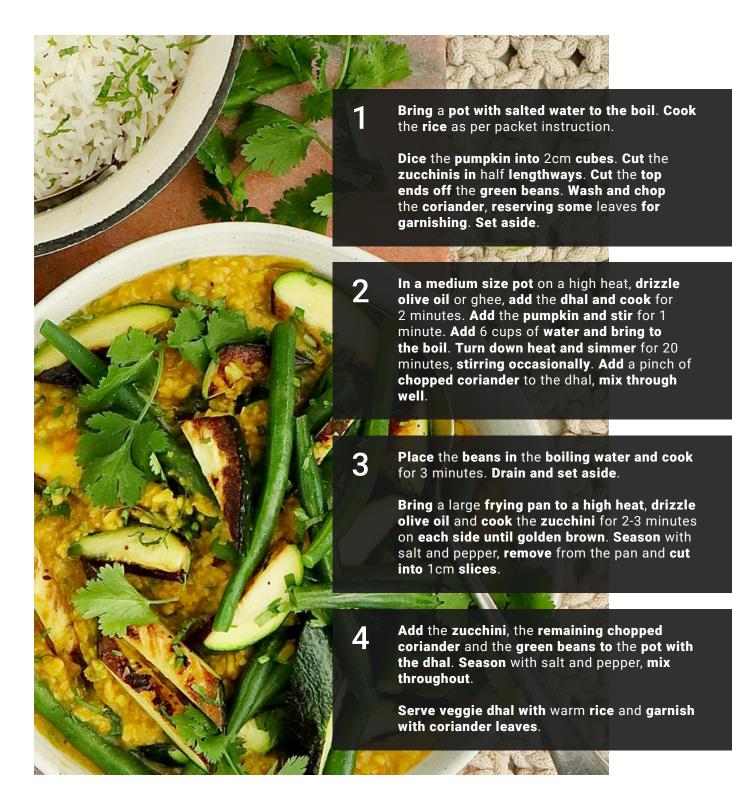
INGREDIENTS:

- > 350g Organic Pumpkin
- > 400g Organic Moong Dhal
- > 250g Organic Green Beans
- > 400g Organic Zucchini
- > ¼ Organic Coriander Bunch
- > 2 Cups Organic Rice

WHAT YOU'LL NEED FROM YOUR PANTRY:

> Olive Oil or Ghee

METHOD - GET COOKING!



CHEF'S TIPS FOR COOKING AND LEFTOVER...

There won't be any leftovers this time!



FEEDBACK OR QUESTIONS?

Shoot us an email at: online@harrisfarm.com.au