

GET OUT

PACKING LIST FOR KAYAKING ADVENTURES

Kayak and gear

- Kayak
- Spray skirt
- Paddle + paddle leash
- Personal floatation device
- Map
- Compass*

Group equipment

- First Aid Kit
- Tent
- Tarp*
- Freshwater (3-4L/person and day)
- Outdoor stove + gas
- Lighter/matches
- Dish washing kit
- Garbage bag
- Kitchen accessories for preparing food and eating (cup, plate, cutlery, cutting board, spatula, knife, spices, etc.)
- Cooling bag*
- Food and drinks

Personal equipment

- Sleeping bag
- Sleeping bag liner*
- Sleeping mat
- Pillow*
- Dry bags
- Water repellent jacket
- Shoes to wear in the kayak
- Shoes to wear on land
- Neoprene gloves*
- Swimwear*
- Towel
- Warm sweater
- Warm hat
- Cap/hat for sun protection
- Warm underwear/base layer
- Extra set of dry clothes
- Toiletries
- Sunglasses
- Sun block
- Mosquito repellent
- Headlight*
- Guide book*
- Camera*
- Mobile phone

* *Optional, but nice to have.*