

Product code AN005 Pet - Animal Separation Anxiety	4 Pages
Suitability: Use for all species, ages and sizes	
Last Updated: 11-6-18	

Homeopathic Separation 05 drops, repeat on body every 5 minutes when anxious or stress or even fearful. Use for any events that cause stress e.g visiting a vet or travelling. Usually after the second to third repeat, a change in behavior should be seen. Then repeat throughout the day as needed. The more frequent and less time between each dosing will promote a quicker response in acute stressful times.

Separation anxiety is quite a problem within a household of loving family members.

You come home from a long day at work to a spinning, jumping whirlwind of energy. Your dog follows you into your living room, where you find that he has chewed on your favorite pair of shoes. Your neighbor comes by to tell you that, once again, your dog has been driving the neighborhood crazy by howling and barking while you were away.

In nature, dogs are almost never away from their pack. It is our job to help make this unnatural situation less stressful.

Highly recommend watching Cesar Millan's the "Dog Whisperer" on PayTV.

EMOTIONAL BEHAVIOUR HEALING

We have found that the T-touch on ALL species for almost all emotional health behaviour conditions has been invaluable.

RE-HOMED pets (past neglect or abuse), traumatised animals can all cause negative behaviour, unexplained anxiousness, separation anxiety, clinginess, timidness, excessive barking, chewing everything around them, escaping from backyard (if the problem is not from boredom and lack of exercise off the lead). Dogs who have become afraid use aggressive behaviour to protect themselves (if they have been physically attacked by humans and other animals). These pets all need to resolve past issues and re-learn to bond and trust humans again, and it is ideal to incorporate the T-touch, the re connection between human and themselves will re establish a special bonding and trust. Making the pet a lot calmer and happier and the owner benefits from the wonderful and deep connection you get from this healing touch.

It is easy to do and one can teach pet owner to do this for their pets or farm animal at home or property.

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Through 23 years of experience here is our recommendations - nutritional natural relaxants repairing, healing behavior, for all species.

1. Magnesium (mineral)

We highly suggest Magnesium Glycinate powder or Magnesium liquid (ReMag Magnesium solution). Add a pinch or several drops bowl of goats milk etc - daily. Double the amount of larger pets.

2. B Complex (stress)

Add natural B complex (for reducing stress). Add "Bee Pollen granules" in meals, which is a natural form of B complex. Adding a pinch (several grains) for toy dog, cat or small pet similar size. Or for small to med pets, 1 teaspoon, or larger pets add 1 tablespoon in daily meals - daily.

3. Ttouch hands-on therapy

It is easy to do and pet owner to do this for their pets or farm animal at home or property. Use for all species.

EMOTIONAL BEHAVIOUR T-touch Therapy for ALL Animals /Species

Linda Tellington-Jones has developed a technique that works wonderfully for modifying negative behaviours, taming wild or un-socialised animals gently, increasing trust and reducing aggressiveness, and for accelerated healing.

The technique is named after its inventor, the Tellington-touch (T-touch). It is derived from the human technique of Feldenkrais. This is a method that opens new neurological pathways in the brain by use of habitual movements. The concept is based on the life-force intelligence of each cell of the body, each cell's connection with whole organism animal or human, and between.

"At a cellular level", says Linda Tellington-Jones, "We're all the same". The T-touch stimulates cell intelligence, and "so turns on the corresponding brain cells like so many light bulbs."

Use of the T-touch to stimulate the body cells and corresponding brain cells activates the brain and changes old habits and patterns. By asking and allowing the animal to think, and by an attitude of conscious respect and cooperation with her, the cellular intelligence becomes two-way communication. The result is behaviour and personality changes, along with increased speed of healing for wounds, injuries or stiffness.

The following T-touches are single clockwise circles with the thumb anchored and the fingers resting on the animal start at 6 o'clock (the bottom of the circle) and push the skin around in a circle and a quarter, then pause and release. You don't need to do all of them, just select one or two different techniques that you feel your animal needs.

The hand and arm should remain soft. Be aware of your breathing.

The T-touch moves the skin rather than rubbing as a massage would. The intention is to activate neural pathways to the brain & to improve the function of the cells.

When you affect the nervous system it also affects the muscle.

With light /firm /slow/steady pressures the idea is to affect the nervous system and cells not the muscles. When the touch is done properly (circles closed) it generates all four brain - wave patterns in the animals receiving it, alpha, beta, theta, and delta.

E.g. normal daily activity uses the beta pattern, alpha is equivalent to human concentration or meditation, theta is deep trance, and delta is the Level below consciousness usually associated with sleep Using the touch to stimulate the body cells and corresponding brain cells activates the brain and change old habits and patterns.

E.g. it enables the animal to think through rather than automatically reacting by instinct.

Instead of the habitual fight or freeze, fooling around or flight response, the animal evaluates the situation - and calms down.

The faster beginning circles awaken the dogs or cats body, and the slower ones that follow allow deep relaxation, release muscle tension, deepen and enhance respiration, and aid physical and emotional healing.

T-touch techniques that work on the cellular memory of the animal:

- **Lying Leopard** - Instead of the fingers being curved they are lying flat and spread over a larger area - less invasive touches all over the body)
 - Comforting to some animals
 - Calming for thunderstorms as well as applying **Clouded Leopard** as well if this stroke is less effective

- **Raccoon Touch** - Tips of fingers (using light pressure) start at six o'clock position and finish off at 8 o'clock (small light touching circles).
 - Especially good for:
 - injury, surgery, arthritis, bruising (just apply lightly around injury or soreness)
 - Animals that chew everything or are mouthing your hands (apply touches to mouth and gums with wet finger, having a bowl of water beside you to dip fingers in as you go)
 - Fearful animals that bite or growl (concentrate around the mouth area - very, very gently light touching, also do circles around the tail area as well; the mouth and tail (back end) are where animals store their fear and aggression)
 - Just do normal "massage" for puppies who are teething with small tiny circles around mouth and work gums regularly)

- **Lick of the cow's tongue** - Spread fingers apart, with long diagonal strokes across the lay of the hair, down the shoulders, legs:

- Connecting the back/behind to the front
- For animals who are sore or fearful of being touched in the behind area
- **Python Lift** - This lift can be used on the shoulders, forearm, girth area, neck and hind legs. The whole hand is placed on the body or around the leg with enough pressure to gently lift the skin and support the muscle. The lift is only 1/2 " to 1". Hold for about 4 seconds and then SLOWLY return the skin to the starting position and then release - if you lift too much up the animal will hold its breath which we don't want.
 - Use on the arthritis leg a little below the joint of where the arthritis is
 - Start at the top and work down.
- **The Clouded Leopard** - Using the pads of the fingers lightly curved, do circles, keeping all three knuckles joints soft and moving as you make each circle.
 - For anxiety, pain, and all fearful animals
 - Calming at times of thunderstorms; massage tail joint - for fear biters or animals who are scared of loud noises, e.g. thunder, gun shots etc.
- **Massage Ears** - (gently) for animals in shock; e.g. car accidents (on the way to the hospital), car sickness, digestive problems, or to relax a cat or dog. Massage puppies who are teething with small tiny circles around mouth and work gums regularly.
 - * This really helps calm **feral kitties or nervous** kitties and cats with gentle ear work slowly rotating the base of the ear for 5 minutes.
- **Belly Lifts** - Use on animals with bloating, intestinal disorders, hip dysplasia or a sore back (hold 10 sec to 1 min then slowly release)

*You can apply the touches everyday or only a couple of times a week is fine: no more than 5 minutes required (max of 5 minutes ONLY if animal is ill e.g. after surgery or very stressed). Use touches only after observing what your animals needs at the time, watch for changes and new responses, then work can be stopped on the animal, or you may need to work on another problem!
- ... you also may like to employ the:
 - “**Emotional Behaviour Advice Services**” Distant Professional Animal Behaviour Services – worldwide support and consultations via email.
 - Geraint Seren** Spiritual Animal Advice Behaviour and resolving & clearing. As a Shaman, he can help pets be released for a clean transition - at time of passing or afterward. * Cell phone 0417525629 Australia **Email: soulrhythms@msn.com**