

GO ON—
BURST
STATIC'S
BUBBLE.

beauty discuss

SHOCKER!



Sure, spring is right around the corner, but right now you're still at risk for *Hellraiser* strands every time you remove your beanie. The static struggle (caused by friction-induced electrical charges) was so real for interior designer Kris Church (she admitted to us she was so riddled with static she couldn't even pet her dog without shocking him) that she concocted her own antidote. A few spritzes of the all-natural Static Schematic for Hair (\$12, staticschmatic.com), which can be used pre- or post-cling, coats strands with a combo of glycerin, coconut oil, and water, diffusing would-be shocks and making your day a whole lot less annoying.



*PSST...

HOW GROSS IS MY LOOFAH?

If you're like the 60 percent of *Whisper* respondents who said they don't toss theirs until it's falling apart—very. That's why the new Olay Duo puff (\$10, at drugstores), a cleanser-infused sponge, is smart. The soap runs out after 30 uses, reminding you it's time for a fresh one. Still ride-or-die for your classic loofah? Consider its stages of stankiness:

AFTER ONE MONTH

With every use, you've transferred bacteria from your skin to the loofah, where it gets trapped in the nooks and crannies, says dermatologist Dendy Engelman, M.D. By now, you're just sudsing up with bugs, which could cause folliculitis, an infection of the hair follicles on the skin.

AFTER 3 MONTHS

There isn't just bacteria in there, but likely allergy-provoking mold as well, fostered by the humid environment in your shower.

BEYOND 4 MONTHS

For the love of God, lady, get rid of it! If the reasons above aren't enough to motivate you to get a new loofah, maybe the smell—which could rival a pro football locker room—will. Not even a fragrant shower gel can mask this odor.

CONFESSIONS OF A MAKEUP ARTIST

Celeb makeup artists are Hollywood's confidants—they see it all, hear it all, and keep it all on lock better than a government server. But we did get one of the best, Molly R. Stern (whose clients include Lily Collins and Reese Witherspoon), to dish on what really matters: the makeup!

What's the most stolen product from your kit?

"L'Oréal Paris Color Riche Balm in Heavenly Berry. It gives lips a just-bitten, pink flush and looks amazing on all skin tones." \$8, at drugstores

What's the most overrated makeup trick?

"Contouring! It requires a lot of skill—on most people it just looks like dirt. Instead, tap a pearlescent highlighter, like Kjaer Weis Radiance Highlighter, super quickly along your cheekbones; it's a foolproof way to create a lifted effect." \$56, kjaerweis.com

If you have time to add only one thing to a face, what is it?

"Blush makes everyone look more youthful. Pick a tone your skin naturally turns—rose, peach, etc.—but go for the brightest version of that to bring the radiance."

What's a pricey product that's worth every penny?

"Chantecaille Future Skin Foundation has a veil-like finish that covers imperfections while letting your skin underneath shine through. Plus, it looks the same from the second you put it on until you take it off. Rare!" \$75, barneys.com

STERN LOVES TO FAKE A FLUSH WITH NARS BLUSH IN SEX APPEAL (\$30, NARS.COSMETICS.COM).

CLOCKWISE FROM TOP: LEFT, DONNA TROPE/TRUNKARCHIVE.COM; GETTY IMAGES; TED CAVANAUGH; STYLING: CHLOE DALEY; CC-STOCK