



Rainforest
Herbs®



YUMYUM ORGANIC COCONUT BUTTER

"I love the melt in your mouth coconut taste and use it to replace sugar in my morning coffee, it's soooo yummy!"

YumYum Organic Coconut Butter is a delicious puréed spread made from whole organic coconuts and ground to produce a creamy treat. No other ingredients are added. Coconut Butter adds a deliciously addictive coconut richness and can be used as a spread to replace butter, in cooking and baking or directly added to drinks, smoothies and when combined with our Body Hack MCT Oil then it becomes your perfect morning bulletproof coffee. It's delicious also just taken directly from the jar!

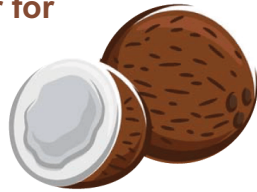
- Organic certified (USDA)
- Rich in MCT's, prebiotic fibers and protein
- Unsweetened and low glycemic
- Contains no trans fats and no cholesterol
- No GMO ingredients and no preservatives
- Non-hydrogenated
- Gluten and dairy free
- Paleo, vegan and vegetarian
- The only ingredient is whole fresh organic dehydrated coconuts!
- You know how good it is when even your kids love it!



YumYum Organic Coconut Butter is a natural superfood rich in medium chain triglycerides (MCT's) as well as prebiotic coconut fiber and protein.



“Coconut Butter contains 100% raw pureed coconuts and thus the oil will separate to the top and will need to be stirred. Below 24° it will solidify so to liquefy, place jar in hot water for 5-10 minutes”



What makes our **YumYum Organic Coconut Butter** so special? Made from 100% fresh whole organic coconuts dehydrated and micro-ground it has an addictive melt in your mouth coconut taste and is the best way to get adults and kids to enjoy Virgin Coconut Oil with even more health benefits! No other ingredients are added.

Coconut Butter is high in medium chain triglycerides (MCT's) as well as coconut fiber and protein that trigger a sense of satisfaction and satiation and allow us to eat less but feel more full and avoid the blood sugar imbalances that lead to snacking between meals.

Coconut MCT's are an important part of making the transition to a healthier diet and are shown to boost energy and metabolism, weight loss, prevent diabetes and enhance problems of memory and ageing via the gradual transition to utilizing more MCT fats for energy.

Suggested Uses

- As a yummy spread
- Added to dishes for a coconut richness, like curries, soups and sauces
- For baking and desserts
- Added to your favourite tropical style drinks and smoothies
- Used to make Bulletproof Coffee and replace the need for sugar to kickstart your day
- Or take it on its own whenever you feel like a healthy snack!

YumYum Organic Coconut Butter is unsweetened, contains no trans fats, no cholesterol, no GMO ingredients, no preservatives and is non-hydrogenated. It's gluten free, dairy free and completely vegan and vegetarian. The only ingredient is whole fresh organic coconuts! You know how good it is when even your kids love it!

Understanding Coconut Butter Consistency

YumYum Organic Coconut Butter is comprised of more than 60% Virgin Coconut Oil and will change from a liquid to a solid depending on the outside temperature. When the room temperature is above 25° Celsius then Coconut Butter will be in its liquid oil form whereas in colder seasonal climates it will be in a semi-solid “butter” form most of the year round. Coconut Butter will start to harden in temperatures below 24 degrees Celsius (75 F). The best temperature for coconut butter is between 15° to 24° Celsius in which Coconut Butter will be in its “butter” form. **Do not refrigerate as it will become too hard.**

It really makes no difference what form it is in, liquid paste or butter, as the yummy taste and health benefits are the same! As a natural product that does not contain any emulsifiers some rising of the oil and settling of the coconut flesh will occur so **stir well before use**. This is easy to do in the tropics when it is in its liquid state but in colder climates the jar may need to be kept in a warm place, or submerged in warm water first.

The concentrated goodness of 3 whole coconuts per 350gm Jar!

Proudly brought to you by:

asia botanicals

Asia Botanicals Sdn. Bhd. (Co. No. 507919-T)
28 Jalan Apollo U5/187, Seksyen U5,
Bandar Pinggiran Subang 40150
Shah Alam, Selangor, Malaysia
Office: +603 7831 8139
www.rainforestherbs.com
info@rainforestherbs.com

A must try is YumYum Coconut Butter Bulletproof Coffee!



If you love your morning coffee why not supercharge it to fuel your energy and boost metabolism to burn fat more effectively!

Simply add a few teaspoons of Coconut Butter to a cup of black coffee and stir. Try adding a teaspoon of our MCT Oil as well for the added morning boost.

RICH IN MCT'S



MADE FROM WHOLE ORGANIC COCONUTS



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