

Size Guides

ENGLISH

Men's



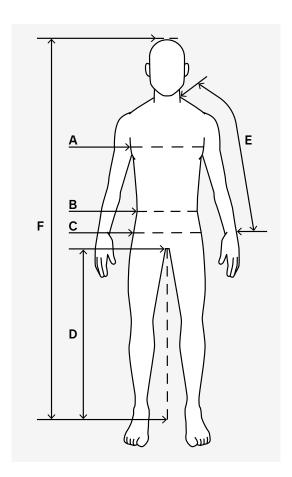






Sizes are in inches unless otherwise stated

Size	Chest (A)	Waist (B)	Low Hip (C)	Inside Leg (D)	Arm Length (E)	Height (F)
XS	341/4	29 1/2	35	32 1/4	30 3/4	5'8
S	36 5/8	31 7/8	37 3/8	33 1/8	311/2	5'9
M	39	341/4	39 3/4	33 7/8	32 1/4	5'11
L	41 5/16	36 5/8	421/8	34 5/8	33 1/8	6'1
XL	43 11/16	39	441/2	35 3/8	33 7/8	6'2
XXL	46 7/8	42 1/8	47 5/8	36 1/4	345/8	6'4
3XL	50	45 1/4	50 7/8	37	35 5/8	6'5



A. Chest: Measure over the fullest part of your chest.

B. Waist: Measure at the narrowest point of your waist.

C. Low hip: Measure around the fullest part of your hip.

D. Inside leg: Measure from the crotch to the floor. You need to stand upright while measuring — if possible ask someone to help you measure.

E. Sleeve length: Measure from the top of your shoulder to your wrist.

F. Height: Measure from the top of your head to the floor. You need to stand upright while measuring -if possible ask someone to help you measure.

Women's



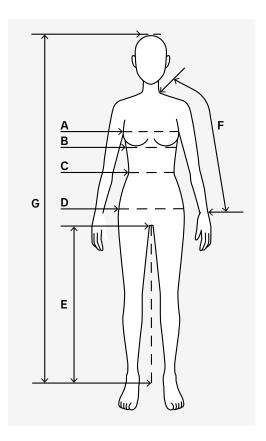






Sizes are in inches unless otherwise stated

Size	Chest (A)	Below Bust (B)	Waist (C)	Low Hip (D)	Inside Leg (E)	Arm Length (F)	Height (G)
XS	321/4	27 1/2	25 1/4	35 3/8	311/8	28	5'5
S	34 5/8	29 1/2	27 1/2	37 3/4	313/4	28 1/2	5'6
M	37	31 1/2	29 7/8	40 1/8	32 1/4	29 1/8	5'7
L	39 3/8	33 1/2	32 1/4	421/2	32 7/8	29 3/4	5'8
XL	41 3/4	35 1/8	34 5/8	44 7/8	33 1/2	30 1/4	5'9
XXL	44 7/8	37 3/8	37 3/4	48	34	30 7/8	5'9
3XL	55	48	50	56	31	30	5'9
4XL	60	53	54	60	31	30	5'9



- **A. Chest:** Measure over the fullest part of your bust while wearing a bra that fits. Do not use a padded or push up-bra.
- **B. Below bust:** Measure around your rib cage, just under your bust (this measurement is only used for bras).
- $\textbf{C. Waist:} \ \text{Measure at the narrowest point of your waist.}$
- $\textbf{D. Low hip:} \ \textbf{Measure around the fullest part of your hip.}$
- **E. Inside leg:** Measure from the crotch to the floor. You need to stand upright while measuring if possible ask someone to help you measure.
- $\textbf{F. Sleeve length:} \ Measure from the top of your shoulder to your wrist.$
- **G. Height:** Measure from the top of your head to the floor. You need to stand upright while measuring if possible ask someone to help you measure.

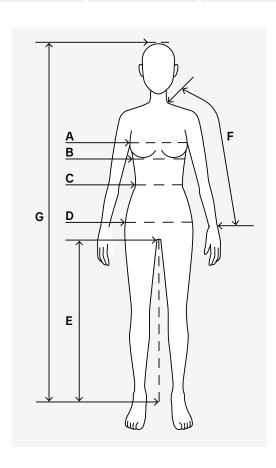
Women's Plus





Sizes are in inches unless otherwise stated

Size	Chest (A)	Below Bust (B)	Waist (C)	Low Hip (D)	Inside Leg (E)	Arm Length (F)	Height (G)
1X	41	34	35	44	30	29	5'8
2X	46	38 1/2	40	48	31	29	5'9
3X	50	43	45	52	31	29 1/2	5'9
4X	55	48	50	56	31	30	5'9



- **A. Chest:** Measure over the fullest part of your bust while wearing a bra that fits. Do not use a padded or push up-bra.
- **B. Below bust:** Measure around your rib cage, just under your bust (this measurement is only used for bras).
- C. Waist: Measure at the narrowest point of your waist.
- **D. Low hip:** Measure around the fullest part of your hip.
- $\textbf{E. Inside leg:} \ \text{Measure from the crotch to the floor.} \ \text{You need to stand} \\ \text{upright while measuring} \text{if possible ask someone to help you measure.}$
- $\textbf{F. Sleeve length:} \ Measure from the top of your shoulder to your wrist.$
- **G. Height:** Measure from the top of your head to the floor. You need to stand upright while measuring if possible ask someone to help you measure.

Juniors

Sizes are in inches unless otherwise stated

Size	Height	Chest	Waist	Seat	Arm	Inseam
XS/110	47-48	22-24	21-22	24-26	18-20	20-21
S/122	48-50	25-27	22-24	26-28	20-22	21-23
M/134	53-55	28-29	24-25	28-29	22-23	23-25
L/146	57-60	29-31	25-26	29-31	24-25	25-27
XL/158	62-65	31-32	26-27	31-33	26-27	27-29

Men's Shoe Covers

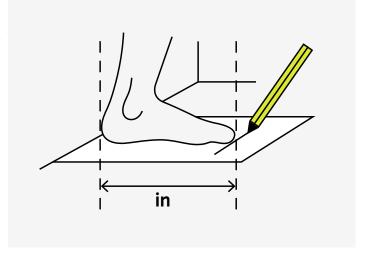
Sizes are in inches unless otherwise stated

Size	XS	S	М	L	XL
Shoe Size	34-36	37-39	40-42	43-45	46-48

Men's Running Shoes

Sizes are in inches unless otherwise stated

US	EUR	UK	Foot Length (cm)	Foot Lenth (in)
6	39.5	5	24	9.4
6.5	40	5.5	24.5	9.6
7	40.5	6	25	9.8
7.5	41.5	6.5	25.5	10
8	40.75	7	26	10.2
8.5	41.5	7.5	26.5	10.4
9	42	8	27	10.6
9.5	43	8.5	27.5	10.8
10	43.5	9	28	11
10.5	44	9.5	28.5	11.2
11	44.5	10	29	11.4
11.5	45.75	10.5	29.5	11.6
12	47	11	30	11.8
13	48.5	12	31	12.2
14	49.5	13	32	12.6



FIND YOUR SIZE

- 1. Place a piece of paper on the floor against a wall as illustrated.
- 2. Wear the same socks you would normally wear with this type of shoe
- $3.\,St$ and with your feet perpendicular out from the wall and your heel pushed against the wall.
- 4. Use a pen to draw a line in front of your big toe, do the same with the other foot and use the longer of the measurements to decide your size.
- $5.\,Measure$ the distance between the wall and the line you just drew with a ruler to get your heel to toe measurement, then use this measurement to decide your size.

Women's Shoe Covers

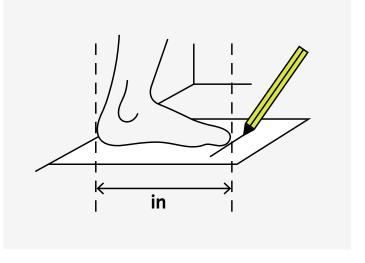
Sizes are in inches unless otherwise stated

Size	XS	S	М	L	XL
Shoe Size	34-36	37-39	40-42	43-45	46-48

Women's Running Shoes

Sizes are in inches unless otherwise stated

US	EUR	UK	Foot Length (cm)	Foot Lenth (in)
5	35.5	3	22	8.6
5.5	36	3.5	22.5	8.8
6	37	4	23	9
6.5	37.5	4.5	23.5	9.2
7	38	5	24	9.4
7.5	38.5	5.5	24.5	9.6
8	39.5	6	25	9.8
8.5	40	6.5	25.5	10
9	40.5	7	26	10.2
9.5	41.5	7.5	26.5	10.4
10	42	8	27	10.6
11	43.5	9	28	11.2



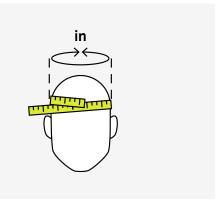
FIND YOUR SIZE

- 1. Place a piece of paper on the floor against a wall as illustrated.
- 2. We ar the same socks you would normally we ar with this type of shoe
- 3. Stand with your feet perpendicular out from the wall and your heel pushed against the wall.
- 4. Use a pen to draw a line in front of your big toe, do the same with the other foot and use the longer of the measurements to decide your size.
- 5. Measure the distance between the wall and the line you just drew with a ruler to get your heel to toe measurement, then use this measurement to decide your size.

Hats

Sizes are in inches unless otherwise stated

Size	Around top of head
S/M	20 1/4 - 22
L/XL	22 7/8 - 23 5/8



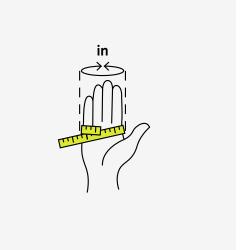
FIND YOUR SIZE

Measure the circumference of your head one inch above the ears, around the forehead.

Gloves

Sizes are in inches unless otherwise stated

Size	Around palm
XXS	6
XS	7
S	8
M	9
L	10
XL	11
XXL	12



FIND YOUR SIZE

- 1. Measure the circumference of your hand, where the palm is widest, with a measuring tape. If you do not have a measuring tape, you can use a string which you then measure with a ruler.
- 2. Then use the measurement to find the right size in our size chart.

Sports Bra

Sizes are in inches unless otherwise stated

Size	Under Bust
XS	27.5
S	29.5
M	31.5
L	33.5
XL	35.5
XXL	37.5