

**PLEASE PLACE YOUR ORDER AT THE COUNTER** 

All prices include VAT at current rate

# Served Monday to Saturday 9.30-11.30am



### **HOT FOOD BAR**

### **BREAKFAST BAP**

McAtamney's bacon, Glenshane fried egg and a pork sausage served in a floured bap 5.25

### **BACON BAP**

served in a floured bap with three slices of McAtamney's bacon 3.49

### **FRESHLY MADE TO ORDER**

### **PORRIDGE OATS**

with milk and served with honey 4.99 or seasonal fruit 5.89



### PANCAKES OR FRENCH TOAST

served with McAtamney's bacon & maple syrup 6.99

# AVOCADO, EGG & SOURDOUGH

EGGS

Glenshane eggs poached or scrambled served with tomato and avocado 6.50

McAtamney's bacon, Glenshane poached egg, spinach

& hollandaise sauce on a breakfast muffin 6.99

McAtamney's bacon, pork sausage, clonakilty

black pudding, tomato, potato bread,

mushroom, glenshane fried egg

### CONTINENTAL

### SOURDOUGH TOAST

served with butter & jam 2.95

### SCONE

plain / fruit / cherry / raspberry & white chocolate flavours served with butter & jam 2.20/2.40 with fresh cream +0.60

served with McAtamney's bacon and maple syrup 4.50

### CROISSANT

with butter and jam 1.90 filled 3.99

### **PAIN AU CHOCOLAT**

THE FULL IRISH

and soda 8.50

EGGS BENEDICT

tasty buttery pastry with chocolate 1.90



### FOR THE KIDS

### SAUSAGE OR BACON MUFFIN

PANCAKES/FRENCH TOAST

with McAtamney's bacon or pork sausage 3.00



### **KIDS / MINI FRY**

choice of any 5 items (2 meats and any other 3 items) from the Full Irish breakfast including toast 4.50

### PORRIDGE

accompanied with honey 2.50 or seasonal fruit 3.40



We have many Gluten & Dairy Free options available. Please ask our team.



FOOD ALLERGIES AND INTOLERANCES: We openly use some of the main 14 allergens in our kitchen. If you are sensitive to any of these please inform the staff: celery, cereals, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, nuts, sesame seeds, soybeans, sulphur dioxide and sulphites





# LUNCH

All prices include VAT at current rate Served Monday to Saturday 12pm-2.30pm

& Sunday 1pm-3pm

SANDWICH BAR

### HAM & CHEESE

on white bread

**BLT (BACON, LETTUCE & TOMTO)** 

on a rustic roll with mayo

#### VRADS

### **BBO CHICKEN MELT**

with cheese, red onion & BBQ sauce

### MANGO CHICKEN

with cheese, mixed peppers & mango sauce

### **CHICKEN CAESAR**

with, bacon, lettuce & caesar sauce

### TUNA

with lettuce, red onion & mayo

### **CORONATION CHICKEN**

with lettuce

### **CHICKEN SUPREME**

with lettuce, mixed peppers and mayo

PESTO CHICKEN on brown bloomer with

sundried tomato and brie

### PANINIS

**MEXICAN MELT** with chicken, cheese, red onion, jalapenos & taco sauce

### SWEET CHILLI CHICKEN

with cheese & sweet chilli sauce

### **BACON BRIE AND CRANBERRY**

oven cooked bacon with brie & cranberry sauce

TOASTED served with a salad garnish & crisps 5.99

**OR FRESH** served with a garnish of crisps 5.25

Served

Build

your

CHOICE FILLINGS

### SOUPS & COMBO'S



### HOMEMADE SOUPS OF THE DAY\*

we have two soup choices every day, along with your choice of

homemade wheaten bread, sundried tomato bread or gluten free bread 5.49 without bread 4.50





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www.midulster.co.uk





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**SPRITE 2.10** 

**COKE** 2.20



**FRUICE** tropical / orchard 1.25

WATER sparking / still 1.70



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