



FAQs

FOR SCHOOL CANTEEN BUCKETS

WHAT IS FUNCH?

Funch is a range of premixes for healthy snacks including Protein Balls, Bliss Balls, Muesli Slice and Healthy Cookies.

WHAT DO YOU ADD TO THE MIXES?

Each Mix requires the addition of two simple ingredients. For Protein and Bliss Balls we recommend you add either Dates or Rice Malt Syrup plus either Coconut Oil or Water. For the Muesli Slice and Cookies we recommend either Butter or Margarine plus either Honey or Rice Malt Syrup.

ARE THEY APPROVED FOR SUPPLY INTO SCHOOL CANTEENS?

Yes, these products have been assessed and approved by Healthy Kids Association and Nutrition Australia (Vic)'s Healthy Choice Guidelines as Amber snacks*. *Certificates available upon request.*

CAN THE RECIPES BE VARIED?

Indeed, we recommend you change up your recipes to give students variation and offer different taste profiles. Popular additions are chocolate chips and desiccated coconut. *Recipe variations suggestions are provided*

ARE THE RECIPES NUT FREE AND GLUTEN FREE?

These products are all nut free recipes. They do however all include low levels of gluten in the form of oats.

HOW MANY BALLS OR SLICES DOES A BUCKET MAKE?

See table below.

WHAT IS THE COST PER SNACK?

See table below.

WHAT ARE THE SERVING SIZES?

You can vary the serving size to suit your audience, but we do have recommended size outlined below that is in line with the Healthy Kids Association and Nutrition Australia's (Vic) recommendation.

<i>Details to make up 20g Ball / 15g Slice / 15g Cookie</i>				MADE UP		ADDITIONAL COST		TOTAL COST (inc. Funch Mix + Additional Ingredients)		
Product	Cost Per Bucket	Additional Ingredients	Batches Per Bucket	Qty Per Batch	Qty Per Bucket	Per Batch	Per Ball/ Slice/ Cookie	Per Bucket	Per Batch	Per Ball/ Slice/ Cookie
Bliss Ball Mix (BB2.45)	\$85.95	Dates + Water	14	16	220	\$0.38	\$0.02	\$91.26	\$5.31	\$0.41
Bliss Ball Mix (BB2.45)	\$85.95	Rice Malt Syrup + Water	14	16	220	\$0.30	\$0.01	\$91.18	\$5.23	\$0.41
Protein Ball Mix (PPB2.59)	\$96.45	Dates + Water	14	16	220	\$0.38	\$0.02	\$102.54	\$6.09	\$0.47
Protein Ball Mix (PPB2.59)	\$96.45	Rice Malt Syrup + Water	14	16	220	\$0.30	\$0.01	\$102.46	\$6.01	\$0.47
Muesli Slice Mix (SSB2.64)	\$85.95	Butter + Honey	10	24	240	\$1.39	\$0.06	\$94.24	\$8.29	\$0.39
Muesli Slice Mix (SSB2.64)	\$85.95	Margarine + Rice Malt Syrup	10	24	240	\$0.64	\$0.03	\$93.49	\$7.54	\$0.39
Cookie Mix (BREK2.54)	\$85.95	Butter + Honey	10	24	240	\$1.39	\$0.06	\$94.24	\$8.29	\$0.39
Cookie Mix (BREK2.54)	\$85.95	Margarine + Rice Malt Syrup	10	24	240	\$0.64	\$0.03	\$93.49	\$7.54	\$0.39