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- Do not use this device if you have a cardiac pacemaker, implanted defibrillator, or other implanted electronic device, or are connected to high frequency surgical equipment.
- Do not use this device over your eyes, mouth, face, front of neck, head, chest, or across your heart because this could cause severe muscle spasms resulting in difficulty in breathing and other adverse effects.
- Consult with your physician before using this device if you are in the care of a physician.
- Stop using this device and consult your physician if your pain does not improve, becomes more than mild, or continues for more than five days.
- Do not use this device while driving, operating machinery, or during any activity in which electrical stimulation can put you at risk of injury.
- Do not use this device over open wounds or rashes, or over swollen, red, infected, or inflamed areas or skin eruptions (e.g., phlebitis, thrombophlebitis, varicose veins).
- Do not use this device over metallic implants or in proximity to, cancerous lesions.
- Do not use this device on children.
- Do not use this device in the presence of electronic monitoring equipment (e.g., cardiac monitors, ecg alarms), which may not operate properly when the electrical stimulation device is in use.
- Do not use this device when in the bath, shower or other sources of moisture.
- Do not use this device while sleeping.
- Do not use this device on abnormal skin, or skin that is not clean & healthy.
- Do not operate in close proximity (e.g. 1 m) to shortwave or microwave therapy equipment as it may produce instability in the device output.
- Do not use this device if you are susceptible to rhythm disturbances to the heart unless under direction of your physician.
- Do not use this device if you are pregnant, or suspect that you are pregnant, unless under the direction of your physician.
- If you have suspected or diagnosed heart disease, you should follow precautions recommended by your physician.
- If you have suspected or diagnosed epilepsy, you should follow precautions recommended by your physician.
- Use this device with caution if you have a tendency to bleed internally, such as following an injury or fracture.
- Consult with your physician prior to using this device after a recent surgical procedure, because stimulation accelerates the healing process.