

# SFA

*Seeds for Africa*

## Poppy Seeds

Get all your poppy seeds from Seeds for Africa.

Poppies can be grown only by seed planted directly in a permanent spot. They resent transplanting and will slow their growth or die if moved.

Sow the seed directly in the garden as soon as the soil can be worked in the spring. California poppy likes full sun and poor soil conditions. Sow also in the fall in mild-winter areas, especially in the West.

Trim off spent blooms once California poppies begin to fade - usually once temperatures exceed 80 degrees. (If this occurs in late spring, just trim off any spent flowers and leave the carrot-like foliage. The plants may well re-bloom).

Water in moderation.

Pull plants up after the first frost.

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