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Seeds for Africa

Plantain

Greater Plantain is low to the ground and will grow to a height of approximately 20-30cm showing tiny white flowers.

Plantain prefers full sun to partial shade and will tolerate a wide range of soil conditions, including rocks and sand.

Plant seeds in moist soil and cover with approx 0.5cm of soil.

Seeds should germinate within 4 weeks.

Germination rates can be enhanced with a one week period of cold stratification prior to sowing.

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