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Hyophorbe verschaffeltii

Spindle Palms are solitary palms, with a distinctive, spindle shaped trunk. The grey trunk is swollen at the centre and is narrow at the bottom and top, forming a spindle shape. Spindles grow up to around 6m tall and are critically endangered in their native habitat (Rodriguez Island - Mauritius). It prefers a position in full sun, in moist but well draining soil. Spindle Palms are frost & salt tolerant, and are one of the best palms for seaside gardens.

Spindle Palms are very unique and beautiful and the swollen trunk and turquoise crown shaft will provide a great feature in the garden. The Spindle Palm, especially as a seedling/juvenile is one of the most colourful palms in the garden. It is fairly slow growing and is therefore an excellent palm for containers.

Spindle Palms can be distinguished from its relative the 'Bottle Palm' by the trunk – Bottle Palms have a more pronounced bulging at the base, where the Spindle Palm is slender at the base and bulges in the middle.

Spindle Palms are propagated from seed which germinates in 3 to 6 months.

Mix 1/2 each of potting soil, and sand with a small garden trowel for a potted plant.

Plant seeds at a depth of 2 to 4 cm.

Find an outside location with partial shade. Water then let the soil dry before re-watering.

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