

APOLLO

Concept2 SkiERG

Product description:

The Concept2 SkiErg makes the sport of Nordic skiing available to everyone. Long recognized as delivering one of the toughest workouts around, Nordic skiing develops both strength and endurance and exercises the legs as well as the arms and core. The SkiErg can be used for both double pole and classic alternating arm technique. Whether you're an elite cross-country skier looking to improve your poling power, a weekend enthusiast wanting to get into shape for the ski season, or just someone looking for a great workout, the SkiErg will help you achieve your goals.

Product specifications:

Power source	Takes two D cell batteries
Frame	Aluminium
Finish	Powder coat
Colour scheme	Black
Weight	SkiERG- 20.9 kg Floor stand- 16kg
Dimensions	SkiERG-(54 cm x 49 cm x 125 cm) Floorstand- (13 cm x 66 cm x 135 cm)
Finish	<i>Powder coat</i>
Monitor	PM5

Product image:

