

# TERRA NOVA DEVONPORT

## Coffee

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Espresso	£2
Cortado	£3
Macchiato	£2.50
Flat White	£3.30

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	Reg	Large
Americano	£3.35	£3.75
Latte	£3.65	£3.95
Cappuccino	£3.65	£3.95
Mocha	£3.65	£3.95
Hot Chocolate	£3.65	£3.95
Chai Latte	£3.65	£3.95
Dirty Chai Latte	£3.75	£4.05

Coffee can also be served as Iced Coffee

Flavoured Syrups + 50p

Alternative Milks + 50p

## Tea

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Builder's Tea	£2.50
Posh Tea / Herbal Tea	£3
Breakfast, Peppermint, Rooibos, Lemon&Ginger, Camomile, Chai, Earl Grey Gunpowder Green Tea, Red Berry	

## Cold Drinks

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Club Tropicana	£4.90
Banana, mango, berries, orange and apple juice	

Nutty Madness Smoothie	£4.90
Peanut butter, banana, cocoa, honey and oat milk	

Green Immunity Smoothie	£4.90
Spinach, banana, mango and coconut milk	

The Recovery	£4.90
Banana, protein, peanut butter, granola and skinny milk	

Mocha Mania	£4.90
Espresso, vanilla ice cream, banana, hazlenut syrup, chocolate & milk	

Add a shot of Protein	+£1
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Milkshakes	£4.90
Chocolate, Strawberry, Banana, Vanilla	

Kids Milkshake	£2.50
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Orange or Apple Juice	£2
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Canned drinks (see fridge)	£2
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Kids Carton / fruit juice / milk	£1.20
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## Brunch

### **Sour Dough Toast with Butter** £3

Jam, marmalade or honey +£1

Eggs & spinach +£4

Banana, peanut butter & honey +£4

Smashed avocado with chilli +£4

Mushrooms with balsamic +£4

Spreadable salami & honey +£5

### **The Sunset Breakfast** £13

Two sausages, two slices of bacon, tomato, mushrooms, beans, two hashbrowns and an egg, served with a slice of toast

### **The Pipeline Breakfast (vg)** £13

Smashed avo, beans, mushrooms, two vegan sausages, tomato, two hashbrowns and spinach served with a slice of toast

### **The Ranch Breakfast** £8.90

Sausage, bacon, egg, beans, hashbrown and a slice of toast

### **Bacon or Sausage Bun** £5.90

Three slices of smoked bacon or two sausages served in a brioche bun.

Available as meat or a vegan sausage

**Make it a Banging Stack +£3**

### **Banana Toast** £7

Home made banana bread with fruity compote, mascarpone & crushed nuts (add bacon to blow your mind)

### **ADD-ONS (per portion)** +£1.50

Bacon, sausage, egg, beans, spinach, hashbrown, avocado (£3), grilled halloumi (£3)

## Lunch

### **Grilled Cheese Toastie** £8

Grilled cheeses on a white farmhouse toasted to perfection

### **C.P.A.C Toastie** £9

Chicken, pesto, avo & cheese on farmhouse and grilled

### **B.L.T** £9

Classic BLT with bacon, lettuce, tomato, mayo - lightly grilled

### **Open Salmon Toast** £9

Smoked salmon with a dill mayo served as an open sandwich

### **N.Y.D** £9

Pastrami, pickles, mustard, salad cheese, stuffed into a sandwich

### **Greek Style Flatbread** £12

Warmed flatbread with lashings of tzatziki, fresh salad, caramelised red onions. Served with either chicken, halloumi or vegan falafel

### **Super Salad Bowl** £9

A mixture of our salads of the day, ask for today's salad choices

Add chicken +£2

Salad with houmous +£2

Salad with grilled halloumi +£2

### **SIDES (per portion)** +£3

Avocado, Grilled halloumi, Side Salad, Olives & Feta, Sour Dough with butter

**Please ask for allergen information**

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## DEVONPORT

**The Grommet's Breakfast** £5

Sausage, egg, beans, and a slice of toast for little rippers

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**Kid's Beans on Toast** £4

Beans are good for your heart

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**Kid's Avo on Toast** £4

Smashed avocado on toast

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**Kid's Nutty toast** £4

Toast with a nutty spread

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**Kid's Cheese Toastie** £4

Cheese melted in toast

**All kids meals include a glass of milk or squash - ask for flavours**

Please ask for allergen information



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