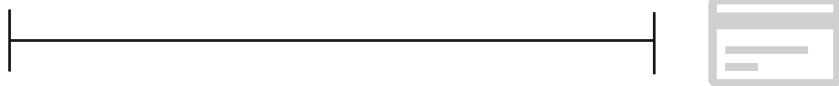


EASILY MEASURE YOUR WRIST

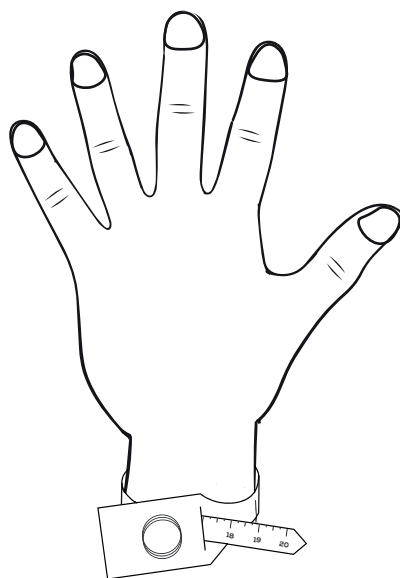
STEP 1

Scale this pdf to 100% and print it on A4 size paper (297x210mm)



STEP 2

Place a credit card on the line above and proceed to step 3 if it matches the length. If not, check your printer settings at step 1.



STEP 3

- Make a small split at the scissors icon
- Wrap it around your wrist like a bracelet, ensuring a comfortable loose fit.
- Mark the junction and choose S, M, L or XL accordingly.

OUR SIZE ADVICE

SIZE	YOUR MEASUREMENT SIZE (CIRCUMFERENCE)
S	< 19 CM
M	19- 20 CM
L	20 - 21 cm
XL	21 - 22 cm

