

A woman with short hair, wearing glasses and a bright green sweater, is sitting on a brown leather couch. She is smiling and looking towards the camera. Her hands are clasped in her lap. A large, thick red heart outline is drawn over the image, framing her face and the text. The background is a plain, light-colored wall.

**Let's talk
about blood
cancer**

**Blood
cancer
UK**

What is blood cancer?

Blood cancer is a type of cancer that affects your blood cells. It's the 5th most common cancer in the UK. There are many different types, including leukaemia, lymphoma, myeloma, MDS and MPNs.

What are the symptoms?



Bruising, rashes and paleness (pallor) can look different on different skin tones. Visit [bloodcancer.org.uk/symptoms-skin](https://www.bloodcancer.org.uk/symptoms-skin) or point your phone camera at the QR code to find out more.



Support

If you're worried about symptoms, going through treatment, or adjusting to life with or after blood cancer, Blood Cancer UK is here to support you.

Contact our Support Services Team:
Call free on **0808 2080 888** or
email **support@bloodcancer.org.uk**



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When I started treatment, one of my first questions was would I lose my hair straight away. It was something that really worried me.

Read Simone's story at bloodcancer.org.uk/simone-hair

Find out more about caring for Afro-textured hair during cancer treatment at: **bloodcancer.org.uk/afro-textured-hair** or point your phone camera at the QR code.



Community

Our online community forum is for people diagnosed with blood cancer as well as family and friends. Join at: **bloodcancer.org.uk/our-forum**

Who are Blood Cancer UK?

We're the UK's specialist blood cancer charity, working to beat blood cancer within a generation.

Thanks to generous donations from our supporters, we:

- fund ground-breaking research to improve survival and quality of life
- campaign for better access to treatments and services for people with blood cancer
- provide information and support for anyone affected by any blood cancer.

Find out more at bloodcancer.org.uk

Keep in touch with us

Get the latest news from Blood Cancer UK direct to your inbox. Sign up to our newsletter at bloodcancer.org.uk/newsletter or point your phone camera at the QR code below.

Front cover image: Yvonne, diagnosed with blood cancer in 2018



Seeking support for myself in the patient community has given me a chance to share all my worries and feel reassured that I'm not alone.

Read Yvonne's story at bloodcancer.org.uk/yvonne-finding-others

