# Information resources from Blood Cancer UK

# **Recently diagnosed**

**NEW:** Your blood cancer diagnosis: what happens now?

# Symptoms guide

Blood cancer symptoms guide.

 A pocket-sized guide to blood cancer symptoms.

## Leukaemia

Acute lymphoblastic leukaemia (ALL) Acute myeloid leukaemia (AML) Acute promyelocytic leukaemia (APL) Chronic lymphocytic leukaemia (CLL) Chronic myeloid leukaemia (CML)

# Lymphoma

Burkitt lymphoma Hodgkin lymphoma (HL) High-grade non-Hodgkin lymphoma (NHL) Low-grade non-Hodgkin lymphoma (NHL) Waldenström macroglobulinaemia (WM)

## Other blood cancers

Myeloma
Myelodysplastic syndromes (MDS)
Essential thrombocythaemia (ET)
Polycythaemia vera (PV)
Myelofibrosis (MF)
Monoclonal gammopathy of
undetermined significance (MGUS)

#### **Treatment**

Blood stem cell and bone marrow transplants: the seven steps Blood transfusions Donating stem cells CAR-T therapy

#### **Side effects**

Managing sickness and vomiting Sore mouth or gut (mucositis) Understanding infection

#### Watch and wait

What you need to know
My blood counts
Watch and wait: for family and friends
Watch and wait: for employers
Watch and wait: for GPs

# Living with blood cancer

Eating well with neutropenia
If your employee or colleague has
blood cancer
My activity planner
Information folder

## Support services

Support card
Support flyer
Support poster
Nurses Network flyer
Blood cancer uncovered flyer
African Caribbean support flyer

#### To order

Visit bloodcancer.org.uk/booklets
Call 0808 2080 888
Email support@bloodcancer.org.uk



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