# GROCERY LIST

## FRUITS:
- Apples
- Bananas
- Oranges
- Grapes
- Pears
- Lemons
- Strawberries

## MEAT & FISH:
- Beef
- Ground Beef
- Poultry
- Fish
- Bacon
- Sausage
- Pork
- Deli Meat

## CANNED GOODS:
- Tuna
- Sardines
- Soup
- Beans
- Chili
- Vegetables
- Tomato Sauce
- Pickles
- Jalapeños
- Olives

## VEGGIES:
- Lettuce
- Spinach
- Mushrooms
- Carrots
- Tomatoes
- Onions
- Peppers
- Potatoes
- Zucchini
- Garlic
- Cucumbers
- Avocado
- Celery
- Corn

## DAIRY:
- Milk
- Butter
- Sour Cream
- Yogurt
- Eggs
- Cheese

## BEVERAGES:
- Water
- Juice
- Soda
- Coffee
- Tea

## MEAT & FISH:
- Ground Beef
- Poultry
- Fish
- Bacon
- Sausage
- Pork
- Deli Meat

## DRIED GOODS:
- Cereal
- Oatmeal
- Grits
- Granola
- Wheat
- Rice
- Spaghetti
- Macaroni
- Beans
- Chickpeas
- Kidney Beans
- Lentils
- Soy Beans

## BAKING/SPICES:
- Flour
- Pancake Mix
- Vanilla
- Baking Powder
- Powdered Sugar
- Sugar
- Sugar Substitute
- Salt
- Pepper

## HOUSEHOLD:
- Garbage Bags
- Detergent
- Softener
- Bleach
- Dish Soap
- Batteries
- Light Bulbs
- Napkins
- Aluminum Foil
- Sandwich Bags
- Paper Plates
- Plastic Utensils
- Paper Towels

## BREADS:
- Sliced Bread
- Whole Loaf
- Buns
- Hot Dog Buns
- Muffins
- Pita Bread
- Tortillas
- Bagels

## CONDIMENTS & OILS:
- Ketchup
- Mayonnaise
- BBQ Sauce
- Hot Sauce
- Mustard
- Salsa
- Salad Dressing
- Tartar Sauce
- Honey
- Peanut Butter
- Jelly
- Cooking Oil
- Olive Oil
- Vinegar
- Salad Dressing
- Soy Sauce
- Pasta Sauce
- Maple Syrup

## SNACKS:
- Chips
- Pretzels
- Crackers
- Nuts
- Popcorn
- Snack Bars

## BEVERAGES:
- Water
- Juice
- Soda
- Coffee
- Tea

## TOILETRIES:
- Soap
- Toothpaste
- Shampoo
- Conditioner
- Hair Spray/Gel
- Face Wash
- Razors
- Shaving Cream
- Deodorant
- Toilet Paper
- Floss
- Feminine Items
- Medicine
- Lotion
- Sunblock

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#POWERSHEETS