

HOUSEKEEPING



PLEASE MUTE YOURSELF UPON ENTRY



USE THE CHAT



REPLAY WILL BE SENT THROUGH EMAIL AND UPDATED IN YOUR GSP LIBRARY



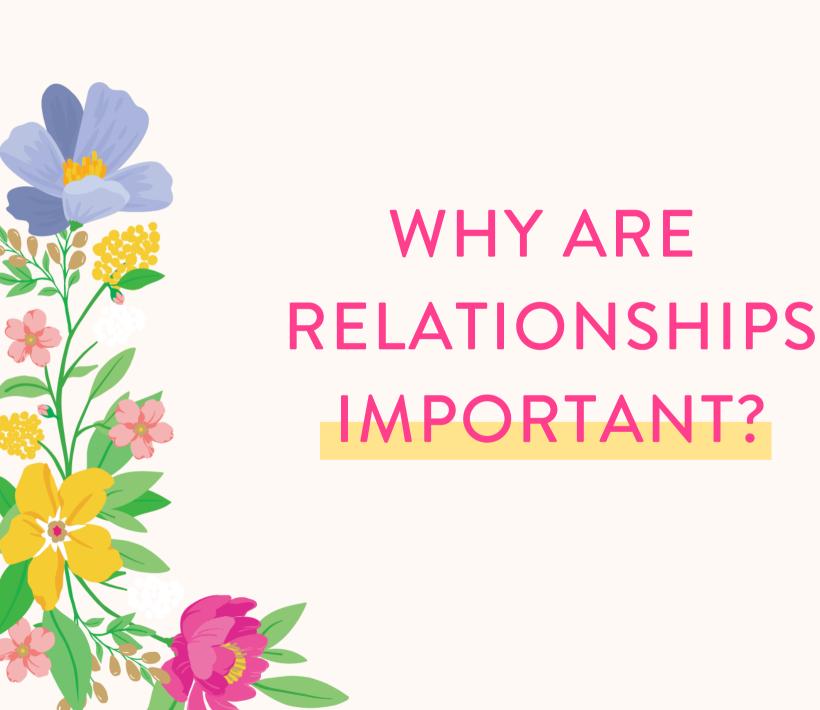
JOIN OUR FACEBOOK GROUP HERE!







What qualities do you look for in a friend?



BIG ROCKS

The 8th Habit - Short Film

Big Rocks | FranklinCovey

Stephen R. Covey demonstrates how a paradigm shift can help you achieve the big things on your to-do lists while managing the little things.

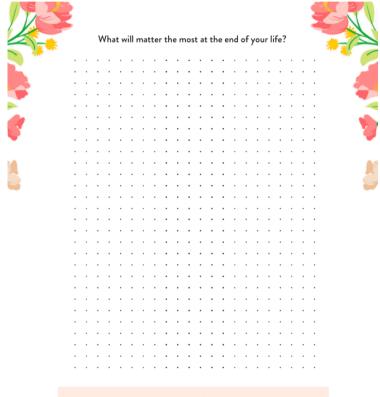




Be Honest







"In life, we weep at the thought of death. In death, perhaps we weep at the thought of life." - Marilyn Monroe

HOW TO CULTIVATE RELATIONSHIPS IN A BUSY SEASON

PAGE 3

My biggest tip for building a really fruitful relationship is don't hide your weaknesses. Stay humble and soft, and admit when you're wrong. Ask for correction and ask for help. Say you're sorry and grow. I cannot think of a better way to build a crazy intimate and fruitful relationship besides being real and being honest about who you are and what you need.



JESS CONNOLLY

@JESSACONNOLLY

JESSCONNOLLY.COM

Make the most



Listen to hear not to respond.

According to the Gospels, Jesus asked 307 questions but only answered three of the 183 questions he was asked. This means that for every question he answered directly, he asked about a hundred more.





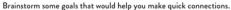




Use your pockets of time









Schedule time

on your calendar



CARRIE MCQUAID

@CARRIEGRACESHOP

CARRIEGRACESHOP.COM

Just spend time with someone. There isn't a greater gift than investing in someone else and listening to their interests. We often glamorize things and make things Instagram-worthy, but I often find the best conversations are ones that could never fit into a square. They are conversations filled with swapping stories and laughing over a warm drink. I also think it's important to follow up with people and continue to spend time with them. It is easy to hide behind the word "busy," but making time for people is what leads to fruitful friendships.

Invite people to join you in Something you











Use your dinner table

Milize

Standing dates

Set aside a dedicated "date time" time far in advance. I like to say, "if it isn't on the calendar, it doesn't exist." Dates are needed not just for spouses, but also for friendships and family.

AMBER HOUSLEY

@AMBERHOUSLEY

AMBERHOUSLEY.COM



Mrite important dates

in your calendar

Plan group events

Replace shows/social media with connection

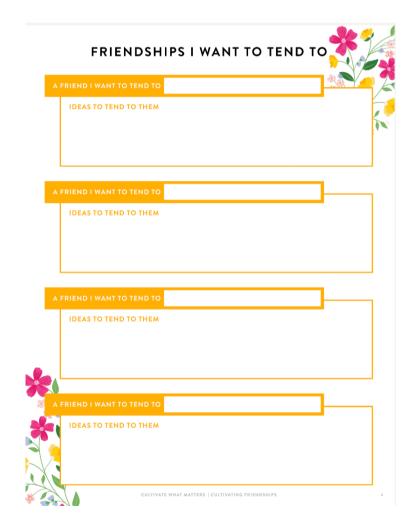


Prioritize

relationships







USE THE WILDCARD BELOW in your PowerSheets or wherever they're most helpful to keep taking small steps forward each month!

FRIEND FAVORITES

tiris survey done in advance will pay dividends in laving on your best gals! Collect their favorities

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GRATEFUL FOR YOU

CONVERSATION STARTERS

YAY!

What is the very best part of the holidays to you?	If you were given \$1000 to help other people, how would you spend it?	What has been one of your happiest memories this year?	How have you changed in the past year?
What are your favorite simple joys?	What do you want to cultivate more of in the next year? What do you want to cultivate less of in the next year?	What is your favorite way to rest?	What are your top three favorite books, movies, or TV shows?
Who do you consider a mentor, whether you've ever met or not?	What is something random that you are really good at?	What is your definition of success?	What was your very first job?
Do you identify more with FOMO (the Fear of Missing Out) or JOMO (the Joy of Missing Out)?	If money was no issue, what job or hours would you work?	What is one of your favorite holiday traditions?	If you could relive one memory, what would it be?



Q & A + BREAKOUTS