

Positive Quotes

Here are 180 positive quotes that you can download and use with your children—especially with **IDEAS/ACTIVITIES**  #9 and  #11—to help reinforce the powerful concepts discussed in my new book (*Seven Winning Strategies*).

Quotes Related to Winning Strategy #1:

1. ***Never let the fear of striking out stop you from playing the game.*** --Babe Ruth
2. ***Once you start believing in yourself, anything is possible.*** --Martina Navratilova
3. ***Forget all the reasons why it won't work and believe the one reason why it will.*** -- Unknown
4. ***You're braver than you believe, stronger than you seem, and smarter than you think.*** --A. A. Milne
5. ***Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle.*** --Christian D. Larson
6. ***The important thing is to not stop questioning.*** --Albert Einstein
7. ***Believe you can and you're halfway there.*** --Theodore Roosevelt
8. ***You're braver than you believe, and stronger than you seem, and smarter than you think.*** --A. A. Milne
9. ***There are so many people out there who will tell you that you can't. What you've got to do is turn around and say, "Watch me!"*** --Layne Beachley
10. ***Release negative thoughts and attract positive thoughts.*** -- Unknown
11. ***Believe you can and you will.*** -- Unknown
12. ***Never stop learning.*** -- Unknown
13. ***Learning is a treasure that will follow its owner everywhere.*** --Chinese Proverb
14. ***We are not what we know but what we are willing to learn.*** --Mary Catherine Bateson
15. ***I think I can. I know I can.*** --Unknown
16. ***When you know better you do better.*** --Maya Angelou
17. ***Anything is possible. Anything can be.*** --Shel Silverstein
18. ***Nothing is particularly hard if you break it down into small jobs.*** --Henry Ford

19. ***Success is a state of mind. If you want success, start thinking of yourself as a success.*** --Joyce Brothers

20. ***We know what we are but know not what we may be.*** --Shakespeare

21. ***Develop a passion for learning. If you do, you will never cease to grow.*** --Anthony J. D'Angelo

22. ***Education must not simply teach work – it must teach Life.*** --W. E. B. Du Bois

Quotes Related to Winning Strategy #2:

23. ***Always remember, you have within you the strength, the patience, and the passion to reach for the starts and to change the world.*** --Harriet Tubman

24. ***Do more things that make you forget to check your phone.*** -- Unknown

25. ***A day without laughter is a day wasted.*** --Charlie Chaplin

26. ***If it's important to you, you'll find a way. If it's not, you'll find an excuse.*** --Ryan Blair

27. ***The more you thank life, the more life gives you to be thankful for.*** -- Unknown

28. ***Fall in love with your life.*** -- Unknown

29. ***Great minds discuss ideas, average minds discuss events, small minds discuss people.*** --Eleanor Roosevelt

30. ***When life gives you lemons, make lemonade!*** --Elbert Hubbard

31. ***The difference between the impossible and the possible lies in a man's determination.*** --Tommy Lasorda

32. ***Always look on the bright side of life.*** -- Unknown

33. ***If you work really hard, and you're kind, amazing things will happen.*** Conan O'Brien

34. ***Go confidently in the direction of your dreams. Live the life you've always imagined.*** --Henry David Thoreau

35. ***Do more of what makes you happy.*** -- Unknown

36. ***Celebrate the little things.*** -- Unknown

37. ***The future belongs to those who believe in the beauty of their dreams.*** --Eleanor Roosevelt

38. ***Why fit in when you were born to stand out?*** --Dr. Seuss

39. ***Do more of what makes you awesome.*** -- Unknown

40. ***Whatever you are, be a good one.*** --Abraham Lincoln
41. ***Sometimes the smallest things take up the most room in your heart.*** --Winnie The Pooh
42. ***The time to be awesome is now.*** --Kid President
43. ***The sky is not the limit. Your imagination is!*** --Unknown
44. ***Do not let the behavior of others destroy your inner peace.*** --Dalai Lama
45. ***Being different isn't a bad thing. It means you're brave enough to be yourself.*** --Luna Lovegood
46. ***Do what you can, with what you have, where you are.*** --Theodore Roosevelt
47. ***Make each day your masterpiece.*** --John Wooden
48. ***Only surround yourself with people who will lift you higher.*** --Oprah Winfrey
49. ***When you do the common things in life in an uncommon way, you will command the attention of the world.*** --George Washington Carver
50. ***If I cannot do great things, I can do small things in a great way.*** --Martin Luther King Jr.
51. ***Always keep a positive mindset, it will improve your outlook on the world.*** --Roald Dahl
52. ***Just when the caterpillar thought the world was ending, he turned into a butterfly.*** --Proverb
53. ***If you're offered a seat on a rocket ship, don't ask what seat! Just get on.*** --Sheryl Sandberg
54. ***Opportunities don't happen, you create them.*** --Chris Grosser
55. ***Education is the passport to the future, for tomorrow belongs to those who prepare for it today.*** --Malcolm X

Quotes Related to Winning Strategy #3:

56. ***No matter how you feel. Get up, dress up, show up and never give up.*** --Regina Brett
57. ***Eighty percent of success is showing up.*** --Woody Allen
58. ***No gift can ever replace the value of being there in person.*** --Denis Waitley
59. ***If you don't get on the field and play then you will be missing out.*** --Michael Schenker
60. ***You can't win if you don't play.*** -- Unknown
61. ***If you're not in it you can't win it.*** --Daley Thompson
62. ***Better three hours to soon than a minute too late.*** --William Shkespeare
63. ***We become what we want to be by consistently being what we want to become each day.*** --Richard G. Scott

64. ***A journey of a thousand miles must begin with a single step.*** --Lao Tzu

65. ***Today is the first day of the rest of your life.*** --Charles Dederich

66. ***You're off to great places. Today is your first day! Your mountain is waiting, so get on your way!*** --
Dr. Seuss

Quotes Related to Winning Strategy #4:

67. ***Nothing great was ever achieved without enthusiasm.*** --Emerson

68. ***Think positive thoughts.*** -- Unknown

69. ***Your day will go the way the corners of your mouth turn.*** --Winston Churchill

70. ***Think happy, be happy.*** -- Unknown

71. ***You gotta look for the good in the bad, the happy in your sad, the gain in your pain, and what makes you grateful not hateful.*** --Karen Salmansohn

72. ***When you can't find the sunshine, be the sunshine!*** -- Unknown

73. ***Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.*** --Albert Schweitzer

74. ***The world is like a mirror: If you smile at it, it smiles at you.*** --Peace Pilgrim

75. ***Be happy. Not because everything is perfect. But, because you choose to focus on the perfect moments.*** -- Unknown

76. ***A bad attitude is like a flat tire. You can't go anywhere until you change it.*** --Will Rogers

77. ***Choose to be optimistic, it feels better.*** --Dalai Lama

78. ***Stop being afraid of what could go wrong and start being excited about what could go right.*** --
Unknown

79. ***If you do not believe in yourself no one will do it for you.*** --Kobe Bryant

80. ***Your attitude determines your direction.*** -- Unknown

81. ***No negative thoughts allowed.*** -- Unknown

82. ***Optimism is a happiness magnet. If you stay positive, good things and good people will be drawn to you.*** --May Lou Retton

83. ***Don't let anyone ever dull your sparkle.*** --Unknown

84. ***Let your smile change the world, but don't let the world change your smile.*** --Unknown

85. *We all can dance when we find music we love.* --Giles Andreae
86. *It's not what happens to you, but how you react to it that matters.* --Epictetus
87. *If you have good thoughts they will shine out of your face like sunbeams and you will always look lovely.* --Roald Dahl
88. *If you want to change attitudes, start with a change in behavior.* --Katharine Hepburn

Quotes Related to Winning Strategy #5:

89. *The way to get started is to quit talking and begin doing.* --Walt Disney
90. *Success is the sum of small efforts, repeated day in and day out.* --R. Collier
91. *I find the harder I work the more luck I seem to have.* --Thomas Jefferson
92. *Mistakes are proof that you are trying.* -- Unknown
93. *The expert at anything was once a beginner.* --Helen Hayes
94. *Genius is 10% inspiration, 90% perspiration.* --Thomas Edison
95. *Great things come from hard work and perseverance. No excuses.* --Kobe Bryant
96. *Do or do not, There is no try.* --Yoda
97. *Everything takes time. The problem is, people easily give up when they don't see results instantly.* -
-Unknown
98. *Today you are You, that is truer than true. There is no one alive who is Youer than You.* --Dr. Seuss
99. *It does not matter how slow you go so long as you do not stop.* --Confucius
100. *A person who never made a mistake never tried anything new.* --Albert Einstein
101. *Love challenges, be intrigued by mistakes, enjoy effort and keep on learning.* --Carol Dweck
102. *You will never influence the world trying to be like it.* -- Unknown
103. *Everyone's perfect in unusual ways.* -- Unknown
104. *Allow yourself to be a beginner. No one starts off being excellent.* --Unknown
105. *Don't let what you can't do stop you from doing what you can do.* --John Wooden
106. *You always pass failure on the way to success.* --Mickey Rooney
107. *No one is perfect – that's why pencils have erasers.* --Wolfgang Riebe
108. *The secret of success is to do the common things uncommonly well.* --John D. Rockefeller

109. ***There is no substitute for hard work.*** --Thomas Edison
110. ***There are no secrets to success. It is the result of preparation, hard work, and learning from failure.*** --Colin Powell
111. ***The secret of getting ahead is getting started.*** --Mark Twain
112. ***Whenever you see a successful person you only see the public glories, never the private sacrifices***
113. ***to reach them.*** --Vaibhav Shah
114. ***The great aim of education is not knowledge but action.*** --Herbert Spencer

Quotes Related to Winning Strategy #6:

115. ***Imagine with all your mind. Believe with all your heart. Achieve with all your might.*** -- Unknown
116. ***What would you attempt to do if you knew you could not fail?*** --Unknown
117. ***It always seems impossible until it's done.*** --Nelson Mandela
118. ***You have BRAINS in your HEAD. You have FEET in your SHOES. You can STEER yourself any DIRECTION you CHOOSE.*** --Dr. Seuss
119. ***Always chase your fears instead of running from your fears.*** --Unknown
120. ***All your dreams can come true if you have the courage to pursue them.*** --Walt Disney
121. ***You are capable of so much more than you can even imagine.*** --Unknown
122. ***Dreams don't work unless you do.*** --Anonymous
123. ***Follow your dreams, they know the way.*** --Unknown
124. ***If you can dream it, you can do it.*** --Walt Disney
125. ***Live your life and forget your age.*** --Norman Vincent Peale
126. ***Have big dreams. You will grow into them.*** --Unknown
127. ***Step out of history that's holding you back. Step into the new story you're willing to create.*** --
Oprah
128. ***Today a reader, tomorrow a leader.*** --Margarett Fuller
129. ***Have big dreams, you'll grow into them.*** --Unknown
130. ***Shoot for the moon. Even if you miss, you'll land among the stars.*** --Norman Vincent Peale
131. ***Reach high, for stars lie hidden in your soul. Dream deep, for every dream precedes the goal.*** --
Pamela Vaull Starr

132. ***Never let the odds keep you from doing what you know in your heart you were meant to do.*** --H. Jackson Brown

133. ***You can steer yourself any direction you choose.*** --Dr. Seuss

134. ***Don't just read the easy stuff. You may be entertained by it, but you will never grow from it.*** --Jim Rohn

135. ***We grow great by dreams.*** --Woodrow Wilson

136. ***Only those who will risk going too far can possibly find out how far one can go.*** --T. S. Eliot

137. ***The whole secret of a successful life is to find out what is one's destiny to do, and then do it.*** --Henry Ford

138. ***Always go with your passions. Never ask yourself if it's realistic or not.*** --Deepak Chopra

Quotes Related to Winning Strategy #7:

139. ***Be yourself everyone else is already taken.*** --Oscar Wilde

140. ***Our prime purpose in this life is to help others. And if you can't help them, at least don't hurt them.*** --Dalai Lama

141. ***Be silly, be honest, be kind.*** --Ralf Waldo Emerson

142. ***Alone we can do so little; together we can do so much.*** --Helen Keller

143. ***In a world where you can be anything, be kind.*** --Jennifer Dukes Lee

144. ***You never know how strong you are until being strong is the only choice you have.*** --Unknown

145. ***By being yourself, you put something wonderful in the world that was not there before.*** --Edwin Elliot

146. ***Be strong enough to stand alone, be yourself enough to stand apart, and be wise enough to stand together when the time comes.*** --Mark Amend

147. ***Just be nice.*** --Unknown

148. ***The purpose of human life is to serve, and to show compassion and the will to help others.*** --Albert Schweitzer

149. ***You create beauty with your attitude, your behavior, your actions.*** --Unknown

150. ***Be so happy so that when others look at you they become happy too.*** --Harbhajan Singh Yogi

151. ***Respect yourself and others will respect you.*** --Confucius

152. ***A person's a person, no matter how small.*** --Dr. Seuss

153. ***Sports do not build character. They reveal it.*** --Heywood Brown
154. ***Caring makes you a better person and the world a better place.*** --Unknown
155. ***Do not go where the path may lead. Go instead where there is no path and leave a trail.*** --Emerson
156. ***You were made to make a difference.*** --Unknown
157. ***Forgiveness is not something we do for other people. We do it for ourselves--to get well and move on.*** --Unknown
158. ***Kindness is a language that the deaf can hear and the blind can see.*** --Mark Twain
159. ***Go into the world and do well. But more importantly, go into the world and do good.*** --Minor Myers Jr.
160. ***Example is leadership.*** --Albert Schweitzer
161. ***Knowing what's right doesn't mean much unless you do what's right.*** --Franklin Roosevelt
162. ***Character is doing the right thing when nobody is looking.*** --J.C. Wells
163. ***Each person must live their life as a role model for others.*** --Rosa Parks
164. ***To change bad habits we must study the habits of successful role models.*** --Jack Canfield
165. ***People who dream of something bigger and better are good role models.*** --Andrew Shue
166. ***As a leader, it's a major responsibility on your shoulders to practice the behavior you want others to follow.*** --Himanshu Bhatia
167. ***Don't be mean, be meaningful.*** --Kid President
168. ***Knowing what's right doesn't mean much unless you do what's right.*** --Theodore Roosevelt
169. ***If your actions inspire others to dream more, learn more, do more and become more, you are a leader.*** --John Quincy Adams
170. ***Right is right even if no one is doing it; wrong is wrong even if everyone is doing it.*** --Saint Augustine
171. ***The more you give away the happier you become.*** --Unknown
172. ***Success is not how high you have climbed, but how you make a positive difference to the world.*** --Roy T. Bennett
173. ***Success means we go to sleep at night knowing that our talents and abilities were used in a way that served others.*** --Marianne Williamson

174. *If you can't feed a hundred people, then just feed one.* --Margaret Mead
175. *No act of kindness, no matter how small, is ever wasted.* --Aesop
176. *I feel the capacity to care is the thing which gives life its deepest significance.* --Pablo Casals
177. *There is no exercise better for the heart than reaching down and lifting people up.* --John Holmes
178. *You are always responsible for how you act, no matter how you feel.* --Robert Tew
179. *Kindness and politeness are not overrated at all. They're underused.* --Tommy Lee Jones
180. *A man never loses anything by politeness.* --Henry Venn