

Retinoid Education

RETINOIDS WE USE

- Vitamin A Palmitate (Retinyl Palmitate) is a retinoid (retinol) consisting of Palmitic acid (a saturated fatty acid and a major component of palm oil) and retinol – non-available form, will need to be converted to retinol, Retinaldehyde, and ultimately to retinoic acid (the active form of vitamin A).

RETINOID EDUCATION

In the body, we convert Beta Carotene into Retinol, Retinol into Retinaldehyde and Retinaldehyde into Retinoic Acid (the active form of vitamin A)

While using any form of Retinoid, sunscreen protection must be worn at an SPF of 15 or higher. This is due to Retinoids being photo-inactive, and the fact that old cells are being replaced with new cells, and are more prone to sensitivity, and sunburn. If the skin is broken, chapped, or sunburnt you should not use a retinoid.

I have received and understand my retinoid education.

Client Signature:

Date: ___/___/___

Signature:
