

Blessings for the Medal of St. Benedict

Medals of St. Benedict may be blessed by any priest (Instr. Sept. 26, 1964). The following English form may be used.

Our help is in the name of the Lord Our Father.

Response: Who made heaven and earth.

In the name of God the Father + Almighty, Who made heaven and earth, the sea and all that is in them, I exorcise these medals against the power and attacks of the evil one. May all who use these medals devoutly be blessed with health of soul and body. In the name of the Father + Almighty, of His Son + Jesus Christ our Lord, and of the Holy + Spirit the Paraclete, and in the love of the same Lord Jesus Christ Who will come on the last day to judge the living and the dead.

Response: Amen.

Let us pray. Almighty God, the boundless Source of all good things, we humbly ask that, through the intercession of St. Benedict, Thou pourest out Thy blessings + upon these medals. May those who use them devoutly and earnestly strive to perform goods works be blessed by Thee with health of soul and body, the grace of a holy death, and remission of temporal punishment due to sin. May they also, with the help of Thy merciful love, resist the temptations of the evil one and strive to exercise true charity and justice toward all, so that one day they may appear sinless and holy in Thy sight. This we ask through Christ our Lord.

Response: Amen.

The medals may then be sprinkled with holy water.