

## OCEAN BREEZE

May this design serve to remind you that you are stronger than you think and much stronger than you give yourself credit for. True courage comes from within, not outside of ourselves. Courage stems from the waves of emotions we have bottled up inside us to do what we believe is right.



*Peace & Love  
Cristy Cali*



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CRISTY CALI

# MARCH MADNESS

MAD COURAGE  
COLLECTION



## AQUAMARINE

Known as "the stone of courage", empaths are especially sensitive to the soothing energetic effects of aquamarine. Naturally, when we are overcome with a sense of calm, we are able to live our lives more fully in the present moment. The consequences therefore include a clearer, sharper mind, better recollection, a sense of lightness, better understanding, greater compassion, and a sincere inspiration for spiritual growth.

On a spiritual level, aquamarine is said to connect us with the angelic realm by enhancing our natural intuitive abilities. We can better understand how to utilize our intuition to lead a more confidently with this new-found dimension to life.

## "COURAGE" BAR

May this design remind you to retreat inward, consult with your Highest Self, and discover the courage you've always held within yourself. Wear with the intention that this piece will serve you by keeping you conscious of your Inner Power.



## GLACIER CUBES

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## OCEAN TEARS



Moonstone is a very spiritual & emotional stone that strongly resonates with our emotions. When we are emotional, our bodies shed tears (water). Water is, therefore, a metaphysical symbol for our emotions. Ocean waves never hesitate. May this design inspire you to honor your feelings and allow yourself to release your emotions honestly without reservation.

*"Healing is dealing, and dealing is feeling, and feeling is healing."*

~ Barbara Marciniak

