# Daffodil® User Manual

HPC650B/W

Multi-Function Pedometer

**Podomètre Multifonction** 



Schrittzähler

Podometro Multifunzione

Podómetro Multifunción

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## User Manual

product and to ensure that you get the very best from designed to familiarise you with the features of the time to read these instructions carefully. They are your purchase familiar with using a similar product but please take Thank you for buying our product. You may already be

#### Main features

- 3 Dimensional Sensor for Accurate Measurement Accurate step counter
- Calorie counter 7 day memory function
- Distance tracker Daily progress monitor

### 2. Care and Storage

- Keep out of the reach of children
- Only clean with a soft dry cloth Do not expose to high temperatures, water, high
- Accuracy can be affected by magnetic fields. Do not drop or strike the device Do not store in direct sunlight
- item will not be used for a prolonged period To preserve battery life, remove the battery if the vibrations and electrical noise

Disassembling the device will invalidate the

warranty

#### 3. Buttons

Press and hold to enter data settings Display - Calorie Display - Sport Time Display Press to cycle through modes: Step Counter - Distance

MEMO

[UP/RES

Adjust values in data settings

Reset all counters View saved data in history review mode

## 4. Operating Instructions

4.1 Step counter



Press [MODE] to cycle through modes: Step Counter -Display Distance Display - Calorie Display - Sport Time

#### 4.2 Data Setting

seconds to enter data settings In step counting mode, press and hold [MODE] for 3-5



weight - step length - daily step target 12/24h - hour - minute - Metric/Imperial unit - body following order: Press [MODE] to cycle through settings in the

rapidly the value. Press and hold it to adjust the value After selecting an item, press [UP/RES] to increase

after 60 seconds inactivity The device exits data setting mode automatically

#### 4.3 Reset all Counters

counters. Pressing [MODE] will cancel the reset LCD screen then press [UP/RES] again to reset Press and hold [UP/RES] until "CLR" appears on the

#### 4.4 Step Target



to 0 at 12am every day the LCD screen. Your progress automatically resets indicated by the progress bar on the left hand side of The percentage of your step target reached is



#### 4.5 Distance Display

Press [MODE] to enter Distance Display.



to 0 at 12am every day

be displayed. Distance travelled automatically resets The distance travelled since your last data reset will

#### 4.6 Calorie Display



Display to 0 at 12am every day. Press [MODE] to enter Calorie displayed. The Calorie counter automatically resets The calories burnt since your last data reset will be



### 4.7 Active Time Display

Press [MODE] to enter Active Time Display.



The time spent walking since your last data reset will be displayed. The Active Time counter automatically resets to 0 at 12am every day.

## 4.8 History Review Mode

Press [MEMO] to cycle through stored data from your last 7 days.



Whilst on your selected day press [UP/RES] to cycle through the details of steps walked, calories burnt etc.

"CLR" appears on the LCD screen then press [UP/RES] again to clear all saved data. Pressing [MODE] will cancel the reset.

Whilst in Memory mode, hold [UP/RES] until

## 5. Using the Step Counter

 Attach the device to your belt or wear it round your neck.

Start walking

seconds of activity

Note: The device will begin to count steps after 7

## 6. Battery Replacement

1) Unscrew and remove the battery cover

2) Remove the old battery and replace with a new

Replace the battery cover

pattery.

Dispose of the old battery at your local battery recycling point.

#### 7. Specification

Model No Product Name Max Steps: 99999 HPC650 Daffodil Multi-Function Pedometer

Max Calories: 999.99 (KM/MILE) 9999.9 KCAI

Memory Storage: 7 Slots 1440 minutes

Max Timer:

Weight and Stride Range

Imperial: Metric: 22LB - 420LB, 4INCH - 80INCH 10KG - 200KG, 10CM - 200CM

Dimensions: Power Supply: CR2025 3V x 1 69 (W) x 33 (H) x 9 (D) mm:

Time Display:

12/24hr Format

Weight: Accessories: 20g inc. battery User manual

are subject to change without notice In the interest of product improvement, specifications

#### 8. Warranty

repairable offered in case the product is no longer available or during this period. An alternative product will be replaced or repaired free of charge (where possible) of the original purchase. The product will be either This product is guaranteed for 12 months from the date

This warranty is subject to the following conditions:

- operated in accordance The product must be correctly installed and
- The warranty only covers the main unit, and does to the instructions given in this user manual
- not cover battery,
- The warranty does not cover the damage caused by packaging, and accessories.
- negligence, accident and natural disaster misuse (such as dropping or physical misuse),
- The warranty will be rendered invalid if the product Please consult our customer adviser before is resold or has been damaged by inexpert repairs
- any unexpected product returns.

  Any faulty product must be kept and returned with all the accessories and the original copy of the returning any product; we are not responsible for

purchase receipt.

your statutory or legal rights The warranty is in addition to, and does not diminish,

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