

## **Fluoridation is NOT a “NATURAL” process and NOT a “NUTRIENT “**

Far from giving **fluoride** a clean bill of **health**, the NAS called upon scientists to investigate if current **fluoride** exposures in the United States are contributing to chronic **health** problems, like bone disorders, thyroid disease, low intelligence, dementia, and diabetes, particularly in people who are most vulnerable.

### **Fluoride/Increased bone fractures in elderly.**

The elderly are at increased risk of bone fracture injury because of the long-term bio-accumulation of fluoride in their bones.

Fluoride seeks out calcium in the body, and there are great calcium reserves in the skeletal system. Most of the fluoride in the body, about 99% is contained in the bone.

### **Fluoride and cancer**

As a result of water fluoridation, entire communities, not just the elderly, may face more cancers than would otherwise be the case.

Dr. Dean Burk, Ph.D. former chief chemist and head of National Cancer Institute Research, believed that the growth of cancer was linked to abrupt environmental change. He was convinced artificial water fluoridation was one of those abrupt changes.

### **Thyroid disease and fluoride**

Back in 1955 a report in new England journal of Medicine indicated a 400 percent increase in thyroid cancer in San Francisco since the city began fluoridating it's drinking water, just five years earlier. Fluoride is well known to interfere with the functioning of the thyroid gland which produces vital hormones which controls metabolism. An impaired thyroid will lead to diminished mental and physical ability. Those affected can become overly-tired, overweight and depressed. If the human body were linked to an engine, the engine management module would be the body's enzyme poison. Where are we today? More and more people are diagnosed with the disease.

### **Water Fluoridation and Alzheimer's**

The boomer generation has been tagged with a second nickname 'Generation Alzheimer's.' "Alzheimer's is a tragic epidemic that has no survivors. Not a single one" says Harry Johns, president and CEO of the Alzheimer's Association. "It is a much a thief as a killer."

Aluminum accumulation in the brain tissue has long been linked to Alzheimer's Disease. Recent studies have shown that fluoride enables aluminum to enter the brain and accumulate in the brain tissue. Aluminum/Fluoride is often present in finished drinking water.

Fluoride complex is neurotoxic. It is, therefore, a near certainty that fetuses, babies, children, adolescents, adults and the elderly will ingest Fluoride neurotoxic for as many years as they consume fluoridated water.

Sodium **Fluoride** (NaF), a constituent of most toothpastes, has been used as the active ingredient in insecticides, wood preservatives, fungicides and **rat poison**. It works on **rats** by causing lesions in their stomachs which eventually result in the **rat** bleeding to death.

Fluoride can cause irritation or corrosion to eyes, skin, and nasal membranes. The lethal dose for a 70 kg (154 lb) **human** is estimated at 5–10 g. **Sodium fluoride** is classed as **toxic** by both inhalation (of dusts or aerosols) and ingestion by putting in our mouths.

**REMOVE FLUORIDE OUT OF YOUR DRINKING WATER AND YOUR SHOWER FOR A HEALTHIER YOU!!!**