



Manuka Honey Immunity Tea

Immunity Tea with Manuka Honey + Elderberry

Ingredients

Hot water.....1 Cup
Bees & Trees Mānuka honey....1 tsp
Organic Elderberry Syrup.....1 tsp.
Turmeric ½ tsp
Cinnamon ¼ tsp
Lemon Juice1 tbsp.



Directions

1. Heat up 1 cup of hot water, add to glass
2. Add in Bees & Trees Mānuka honey and then pour Wicked Good Elderberry's Organic Elderberry Syrup, cinnamon, turmeric and lemon juice and mix well. Enjoy!

Optional: Best if served chilled. Add in a cinnamon stick if desired.
