



Lemon & Cinnamon Mānuka Honey Tea

Soothe your throat and revitalize your energy!

Ingredients

Water.....1 qt.
Cinnamon powder.....1 tbsp.
Lemon juice (freshly squeezed).....2 tbsp.
Mānuka honey.....1 tbsp.

These ingredient levels produce 4 cups of tea.



Directions

1. Bring water to a boil.
 2. Turn off and mix in cinnamon powder.
 3. Let cool for 3-5 minutes.
 4. Mix in lemon juice and Mānuka honey. Stir, Sip and Enjoy!
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