

Manuka Honey Blueberry Pancakes

Start the day with this superfood!

Ingredients

All Purpose Flour.....1 Cup
Baking soda.....½tsp
Baking powder.....1 tsp
Salt.....½ tsp
Greek Yogurt½ cup
Buttermilk..... ½ cup
Avocado Oil.....1 tbsp
Bees & Trees Mānuka honey....1 tbsp
Egg.....1
Blueberries..... ¾ cup



Directions

1. Combine flour, baking soda and salt in a bowl.
 2. In a separate bowl, mix together the greek yogurt, buttermilk, avocado oil, Bees & Trees Mānuka honey (warmed to a consistency of a smooth liquid) and eggs until combined.
 3. Pour liquid ingredients into dry ingredients and mix until you have a smooth, creamy batter.
 4. Fold in blueberries.
 5. Heat a griddle and drop the batter in equal portions onto the griddle.
 6. Flip the pancakes when the edges are golden brown and bubbles appear in the middle.
 7. Serve warm with Bees & Trees Mānuka honey, syrup or your favorite toppings.
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