



Mānuka Honey BBQ Sauces

Get grillin' with Mānuka honey!

Simple Mānuka Honey BBQ Sauce

Ingredients

BBQ sauce of your choice.....2 cups
Mānuka honey.....¼ cup
Mustard.....1 tbsp.
(Want to add a little more kick? Add ¼ teaspoon
of chili powder)



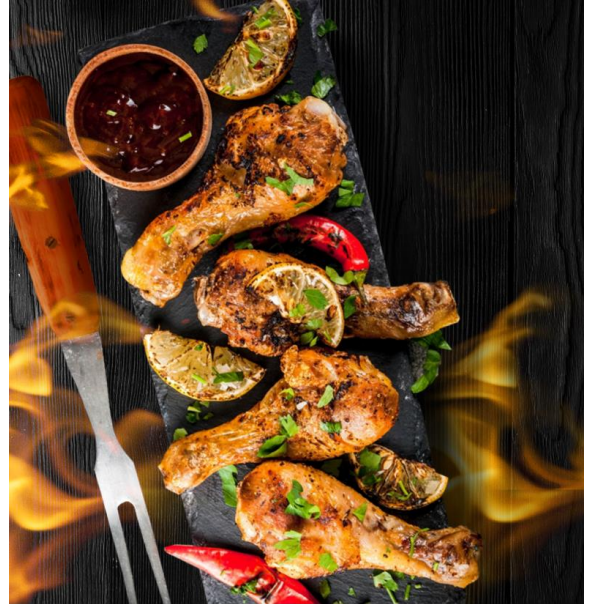
Directions

1. Simply combine and mix these ingredients together and you're good to rub!
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Scratch-Made Mānuka Honey BBQ Sauce

Ingredients

Garlic salt.....	½ tsp.
Pepper.....	½ tsp.
Cayenne pepper.....	½ tsp.
Onion powder.....	½ tsp.
Paprika.....	½ tsp.
Ketchup.....	1 cup
Packed brown sugar.....	½ cup
Mānuka honey.....	¼ cup
Spicy brown mustard.....	¼ cup
Worcestershire sauce.....	2 tbsp.
Apple cider vinegar.....	2 tsp.



Directions

1. Whisk all ingredients in a bowl and you're set!
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