

GLUTEN-FREE BREAKFAST

gluten-free • sin gluten • sans gluten • glutenfri • senza glutine • glutenfrei

Bagel & Cream Cheese **6.75**

gluten-free, nut-free, soy-free

GF bagel (plain, sesame or every seed) toasted with cream cheese
add veggies (red onion, cucumber or tomato) + \$1 each or
add smoked salmon + \$6

Bacon & Egg Breakfast Sandwich **13.50**

gluten-free, nut-free, soy-free

Smoked bacon (or ham) with egg, melted cheddar, tomatoes and
chipotle mayo on toasted gluten-free sandwich bread
or vegetarian option: Cheese & Egg Sandwich \$12

Smoked Salmon Sandwich **14.50**

gluten-free, nut-free, soy-free

Wild-caught smoked sockeye salmon with cream cheese,
cucumbers, red onions and greens on gluten-free sandwich roll

TOASTS

Strawberry Jam **9**

gluten-free, nut-free, soy-free

Toasted half GF baguette with butter and French strawberry preserves

Fig Jam & Goat Cheese **13**

gluten-free, nut-free, soy-free

Toasted half GF baguette with whipped goat cheese, fig preserves
and arugula, drizzled with olive oil, sea salt & black pepper

Avocado **13**

gluten-free, dairy-free, nut-free, soy-free, vegan

Toasted half GF baguette with avocado, tomato and cucumber,
drizzled with olive oil, sea salt & black pepper

ADD-ONS

smoked sockeye salmon + \$6

herb roasted turkey + \$4

bacon or ham + \$4

avocado + \$3

egg patty + \$3

cheese (swiss, cheddar, cream cheese) + \$3

veggies + \$1 each

sub croissant + \$2.50

sub bagel + \$2

potato chips + \$2.50

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GLUTEN-FREE SANDWICHES

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SANDWICHES

Ham + Turkey Club 15.25

gluten-free, nut-free, soy-free

Diestel Farms turkey breast, smoked ham, iceberg lettuce, tomato and cheddar with mayo on toasted gluten-free sandwich batard

B.L.A.T. 14.25

gluten-free, dairy-free, nut-free, soy-free

Smoked bacon, iceberg lettuce, avocado and tomato with chipotle mayo on toasted gluten-free sandwich batard

Deli Sandwich 14.25

gluten-free, nut-free, soy-free

Diestel Farms roasted turkey breast, tomatoes, red onions, iceberg lettuce, swiss and mayo on toasted gluten-free sandwich roll

The Gobbler 14.25

gluten-free, nut-free, soy-free

Diestel Farms roasted turkey breast, cranberry sauce, arugula, red onion, cheddar and mayo on toasted gluten-free baguette

Turkey Reuben 14.25

gluten-free, nut-free

Diestel Farms roasted turkey breast, Sonoma Brinery raw sauerkraut and thousand island spread with melted swiss on toasted gluten-free rye bread. Served with a pickle.

The California 14.25

gluten-free, nut-free, soy-free

Avocado, tomato, whipped goat cheese and basil oil, served open-faced on toasted gluten-free baguette. Sprinkled with sea salt & black pepper.

SF Steak Sandwich 14.25

gluten-free, nut-free, soy-free

Diestel Farms antibiotic-free, hormone-free, sustainably raised roast beef, caramelized onions and arugula with mustard-mayo spread on toasted gluten-free baguette

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GLUTEN-FREE & SAVORIES

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SAVORY FARE

Curried Empanada **7.50**

gluten-free, dairy-free, nut-free, soy-free, vegan

Filled with organic potatoes, carrots, red onions, peas and cilantro

Spanakopita (Spinach + Feta) Pocket **11**

gluten-free, nut-free, soy-free

Filled with organic spinach, sheep's milk feta and ricotta

Ham & Cheese Pocket **11**

gluten-free, nut-free, soy-free

Filled with nitrate-free applewood smoked ham, gruyere & swiss cheese

Chicken Pot Pie **14.50**

gluten-free, nut-free, soy-free

Mary's free-range oven-roasted chicken breast, organic onions, celery, peas and carrots in herbed sauce

Bacon Garden Salad **10**

gluten-free, dairy-free, nut-free, soy-free

Garden salad with cucumbers and tomatoes. Topped with crisp bacon and served with a side of grapefruit white balsamic dressing.

PIZZA

6" Tuscan Turkey Pizza **14**

gluten-free, nut-free, soy-free, egg-free

Diestel Farms herbed turkey, mozzarella and red onion on tomato sauce. Drizzled with basil oil, sea salt & black pepper.

6" Bacon Arugula Pizza **14**

gluten-free, nut-free, soy-free, egg-free

Smoked bacon, mozzarella, arugula and red onion on tomato sauce.

6" Cheese Pizza **10**

gluten-free, nut-free, soy-free, egg-free

Perfect as a personal pizza for yourself -- add toppings to make it unique. See Add-Ons for topping selection.

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