# Synovea<sup>®</sup> HR | Asyntra<sup>®</sup> SL

The New Gold Standards in Skin Brightening & Even Toning



### Synovea® HR | Asyntra® SL

#### Synovea® HR

Alkylresorcinols are amphiphilic phenolic lipids present in significant amount in the bran fractions of rye and other cereals. 4-Hexylresorcinol (HR) is the most studied and well-known alkylresorcinol, which has an 80-year history of use in food & pharmaceuticals. HR has a GRAS status and is considered to be safe and effective in use as an anti-browning dip for shrimp and fresh cut fruits.

Despite its long history of human use, it is only recently that its use and benefits as an active ingredient for skin care applications has been realized. In 2007, Sytheon introduced HR as a skin lightener/ even-toner under the trade name Synovea<sup>®</sup> HR. Its superb efficacy in this application is believed, in part, to arise from Sytheon's ability to attain highly purified HR (>99.5-99.9%) which is essentially free of resorcinol (a known skin irritant) and its intermediate hexanoylresorcinol. HR is now a sought after ingredient for developing skin brightening/even toning products. For a comprehensive overview on HR, please review publication #1.

#### Asyntra<sup>®</sup> SL

By adding Synovea<sup>®</sup> HR (Hexylresorcinol) and Synovea<sup>®</sup> EL (Ethyl Linoleate) to the skin-friendly emollient Caprylic/Capric Triglycerides Sytheon has created an elegant, easy-to-use and very cost-effective new synergistic skin lightening blend - Asyntra<sup>®</sup> SL. Ethyl Linoleate is a very good solubilizer for HR and is a stable form of Linoleic acid. Linoleic acid is an essential fatty acid, a precursor of ceramides and a major component of skin lipids. EL is clinically proven to lighten UV-induced skin pigmentation by accelerating post-translational proteolytic degradation of tyrosinase.

#### **Product Information**

Trade Name	Synovea® HR	Asyntra® SL	
INCI Name	Hexylresorcinol	Caprylic/Capric Triglycerides and Hexylresorcinol and Ethyl Linoleate	
CAS#	136-77-6	65381-09-1; 136-77-6; 85049-36-1	
EC #	205-257-4	265-724-3; 205-257-4; 285-206-0	
Appearance	White to pale yellow powder; May become soft lump	Clear yellow to yellowish brown liquid	
Purity	Minimum 99% Hexylresorcinol	24-27% (w/w) of Hexylresorcinol	
Solubility	>20% solubility in a wide range of hydrophobic emollients and solubilizers, HydraSynol <sup>™</sup> DOI, low molecular weight glycols; do not use Ethanol	bic Highly miscible with a wide range of hydrophobic DI, low emollients and solubilizers I	
Use Level & Formulation pH	0.5 to 1%; < 6.0	1.5 to 4%; < 6.0	
Storage	Store in original, sealed container at +10 to +30 °C; avoid light, heat & moisture	Store in original, sealed container at +10 to +30 °C; avoid prolong exposure to light & heat	
Regulatory	Globally approved	Globally approved	

### Human Skin Tolerances

#### Synovea® HR

**Safety assessment based on MOS value:** 1% Synovea<sup>®</sup> HR was found to be safe for topical application (MOS = 548) compared to 1% Kojic Acid (MOS = 88). MOS value 100 and above is considered to be safe. MOS calculated for a face product at 1% use level.

Human Repeat Insult Patch Test to assess Allergenicity/Skin irritation/Skin sensitization: (1, 2 and 5% in corn oil); Synovea<sup>®</sup> HR is found to be a non-primary irritant and a non-primary sensitizer.

**Chamber Scarification Test to assess Skin-irritating propensities:** (0.1% and 0.5% in petrolatum) on scarified skin: Synovea<sup>®</sup> HR is found to have low irritating potential and compares well with saline control.

#### Asyntra® SL

Human Repeat Insult Patch Test to assess Allergenicity/Skin irritation/Skin sensitization: (10% in corn oil); Asyntra<sup>®</sup> SL is found to be a non-primary irritant and non-primary sensitizer.

### In-vitro Enzyme Inhibitory Activity: Synovea® HR vs Key Skin Lighteners

#### **Protocol:**

- Enzymes Mushroom tyrosinase & Horeseradish peroxidase
- Substrates Tyrosine & L DOPA
- Test substances Dissolved in Ethanol & further diluted with water
- Measurements Spectrophotometric; Scan speed 1200 nm/min; Spectral range 370 to 700 nm
- Quantification of performance Concentration needed to reduce the enzyme activity by 50% ( $IC_{50}$ )







Synovea<sup>®</sup> HR provides the most effective melanin inhibitory (in-vitro) activity vs key commercial skin lighteners.

### In-vitro Melanin Inhibitory Activity of Synovea® HR and Asyntra® SL

#### **Protocol:**

- Cells B16 melanocytes
- Incubation time 72 hrs.
- Test substances Synovea HR<sup>®</sup> & Asyntra<sup>®</sup> SL



Synovea® HR 10 µg/ml

Synovea<sup>®</sup> HR reduces extracellular melanin by 75% and intracellular melanin by 36%

• Quantification of performance – Estimation of extracellular and intracellular melanin of test substances vs. control



Use level 10 μg/ml Asyntra® SL contains 2.5 μg/ml Synovea® HR + 2.5 μg/ml Synovea® EL

Asyntra<sup>®</sup> SL reduces extracellular melanin by 40% and intracellular melanin by 35%

### Skin Lightening Clinical Study: Synovea® HR vs. Hydroquinone

#### **Protocol:**

- Volunteers Asian, Caucasion, Hispanic and African American - 13 subjects (ITA° ranging from 7 to 31)
- Study duration 8 weeks
- Test sites Left and right arms
- Test substances 0.5% Synovea® HR lotion vs 2% Hydroquinone lotion
- Application frequency Twice a day
- Quantification of performance Chromometric measurement; ΔE was calculated by subtracting ITA° of the treated site from that of the average baseline (first day of the study)

Skin lightening effectiveness of 0.5% Synovea® HR

compares well with 2% Hydroquinone. In fact, Synovea®

HR is four-times more effective than Hydroquinone.

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30

Percent improvement in skin brightening after 4 and 8 weeks treatment

Higher ITA° after 4 and 8 weeks treatment indicative of skin lightening



### Hyperpigmentation Control Clinical Study with Synovea® HR

### **Protocol:**

- **Volunteers** 18; Asian (7), caucasian (10) and Hispanic (1)
- Study duration 8 weeks
- Test sites Hand
- Test substances 1% Synovea<sup>®</sup> HR lotion
- **Application frequency** Twice a day entire hand, (no sunscreen applied)
- Quantification of performance Comparative ITA° before and after treatment & expert grading (scale 0 to 4), Skin tone, Pigmented spots



Synovea<sup>®</sup> HR provides significant pigmentation reduction without affecting the surrounding areas



### Synovea® HR Reduces Skin Hyperpigmentation in Chinese Subjects

#### Protocol:

- Volunteers Chinese; 32 with Synovea HR and 31 with control aged 30 to 40 yrs.
- Study duration 12 weeks; double blind, vehicle controlled and randomized
- Test sites Face
- Test substances Synovea HR lotion vs control without HR
- Application frequency Twice a day
- Quantification of performance Digital imaging and clinical assessments - appearance of spots, skin lightening, contrast between spots & surrounding skin; pigmentation size, even toning, radiance & intensity of pigments

Data obtained from: YK Won et al., Clinical Efficacy and Safety of 4-hexyl-1,3phenylenediol for improving Skin Hyperpigmentation, Arch Dermatol Res, 306(5):455-465, 2014





Baseline

After 12-week treatment





Baseline

After 12-week treatment

### Synovea® HR Reduces Skin Hyperpigmentation in African Subjects

#### **Protocol:**

- Volunteers African, 20 subjects aged 31 to 51 yrs.
- Study duration 8 weeks
- Test sites Face
- Test substances Cream A: 0.75% Synovea HR + 2.5% Niacinamide and SPF 30 lotion & Cream B: 1% Synovea HR + 3% Niacinamide
- Application frequency Cream A during the day and Cream B during the night
- Quantification of performance Measurement of ITA° before and after treatment, subjective assessment by the volunteers and photography

Comparison of ITA° before and after 8 weeks of product application showed 20% improvement for hyperpigmented spots vs. 14% for the surrounding areas. Significant improvement seen in skin clarity, complexion, pigmented spots and hydration after 4 and 8 weeks of daily application; 89% volunteers would like to continue using the product irrespective of pricing.

#### Volunteer 9



Baseline



After 8-week treatment





Baseline



After 8-week treatment

### Skin Lightening Clinical Study with Asyntra® SL

#### **Protocol:**

- Volunteers Hispanics and African American
- Test sites Face
- Product 2% Asyntra® SL lotion (no sunscreen)
- Application frequency Twice a day
- Study duration 4 weeks
- Quantification of performance Measurement of ITA° before and after treatment

Asyntra<sup>®</sup> SL provides statistically significant (p <0.05) skin lightening within 4 weeks treatment



### Skin Protective Properties of Synovea® HR

#### **Cell Protection**

Up-regulating Glutathione, Glutathione peroxidase & Glutathione reductase

#### **DNA Protection**

Providing long-term protection of DNA; No DNA degradation under UV-light

#### DNA Repair

Inhibiting DNA damage and improving DNA repair via NFKB pathway

#### **Protein Protection**

Protecting Collagen and other proteins by reducing Glycation

#### Inhibition of NF<sub>K</sub>B Activity

NFκB is a pleiotropic transcription factor which is present in almost all cell types and is a major mediator of inflammation. Inhibition of NFκB activation suppresses inflammation. **Synovea® HR is found to be 8 and 16-fold more effective than Resveratrol and Curcumin, respectively.** 

Reference: JYang et al., Food Chemistry, 160:338-345, 2014

Compound	Amount Required to Inhibit NF $\kappa$ B activity by >90%	
Synovea® HR	6.25 µg/ml	
Resveratrol	50 μg/ml	
Curcumin	100 µg/ml	

## Synovea® HR and Asyntra® SL Inhibiting Multiple Sites in the Melanogenesis Pathway

Ethyl Linoleate in Asynta<sup>®</sup> SL is involved in post translational degradation of Tyrosinase. All other sites in the melanogenesis pathway are inhibited by Synovea<sup>®</sup> HR. Synovea<sup>®</sup> HR is modulating at least eight sites in the melanogenesis pathway.





### Suggested Synergists / Additives for Improving Skin Lightening / Even Toning Effects

Synergist/ Additive	Rationale / Mechanism	Use level
Niacinamide INCI: Niacinamide	Inhibits transfer of melanin from melanocytes to keratinocytes; multiple skin benefits	1-2%
N-Acetyl glucosamine INCI: Acetyl glucosamine	Inhibits glucosidation step of Tyrosinase (active form); multiple skin benefits	1%
Synastol® TC INCI: Terminalia chebula fruit extract	Strong peroxidase inhibitor, Glycation inhibitor & reversal; Broad-spectrum antioxidant & anti-inflammatory; multiple skin benefits	0.5%
Sytenol <sup>®</sup> A INCI: Bakuchiol	Works by modulating α-MSH pathway & stimulating E-Cadherin; The first true alternative to retinol without having the negatives of retinol; multiple skin benefits	0.5%

## Synovea® HR: A True Multi-functional Skin Lightening/Even Toning Active with Outstanding Safety Record

#### Safe and effective skin lightener/even toner

- 80+ years history of human use; edible
- Clinically proven to be four times more effective than hydroquinone
- Clinically proven to work for normal and hyper-pigmented skin & all races

#### Skin protection provided by

- Protecting DNA damage & repairing damaged DNA by inhibiting NF $\kappa$ B
- Stimulating glutathione to protect cells
- Reducing glycation to protect protein
- Reducing inflammation by inhibiting NFκB

#### Anti-aging benefits provided by

- Stimulating collagen & elastin
- Clinically proven to reduce multiple signs of aging

## Can be used alone or in combination with other cosmetic active ingredients utilizing its

- Skin lightening
- Skin protection
- Anti-aging properties

### Key References

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