

Phosphogabamine

Mood Enhancer

Helps to temporarily promote relaxation and support cognitive function.

What is Phosphogabamine?

Phosphogabamine is a unique blend of 4 nutritional supplements: phosphatidylserine, theanine, gamma-aminobutyric acid (GABA) and L-glutamine.

Why take Phosphogabamine?

Each component of phosphogabamine has a similar role to promote relaxation and reduce stress and anxiety, without the effects of drowsiness or loss of concentration:

L-theanine is an amino acid found in green tea. It promotes calmness and reduces anxiety by increasing the activity of GABA and stimulating the release of dopamine. Theanine supports relaxation through the generation of alpha-brain waves. It is proven to reduce the stress hormone, cortisol. It has been used extensively in Japan since 1964 with no adverse effects. Phosphatidylserine (PS) is found naturally in the brain. PS has been shown in numerous studies to decrease elevations in cortisol associated with stress to the body. Glutamine is the most abundant amino acid in the body. It is a non-essential amino acid, since the body can make it, but it becomes conditionally essential (meaning you must get it from food or supplements) in states of illness, injury or stress. Glutamine is the precursor to GABA. GABA is the most important and widespread inhibitory neurotransmitter and is needed to inhibit over-stimulation.

Who benefits from taking Phosphogabamine?

People suffering from anxiety, nervousness, panic disorders, mood disorders, and insomnia. It can help promote relaxation, reduce anxiety and stress, and improve sleep. It encourages calmness and well-being.

Free of Common Allergens

NutriChem's Phosphogabamine is encapsulated without unnecessary fillers. Free of peanuts, tree nuts, fish/shellfish, dairy, eggs, wheat, gluten and starch.

Gluten Free

Medicinal ingredients per Vegetarian Capsule:

Phosphatidylserine	75mg
Suntheanine	50mg
G-aminobutyric acid	100mg
L-glutamine	100mg

Non-medicinal ingredients:

Hypromellose, gellan gum and potassium acetate.

Free of peanuts, tree nuts, fish/shellfish, dairy, eggs, wheat, gluten, starch.

Directions: Take 2 capsules twice daily.

Warnings: Adult use only. For therapeutic use only.

Recommended storage conditions:

For freshness, store in a cool, dry place.

Keep out of reach of children. Do not use if seal around cap is broken or missing.

Key Applications

Relaxation
Stress
Anxiety
Sleep

Complementary Supplements

MegaMag
Tyro-Trypt

Selected References

Hellhammer J, *et al.* (2004) Effects of soy lecithin phosphatidic acid and phosphatidylserine complex (PAS) on the endocrine and psychological responses to mental stress. *Stress* 7(2):119-26.

Juneja L, *et al.* (1999) L-Theanine- a unique amino acid of green tea and its relaxation effect in humans. *Trends in Food Science & Technology* 1: 199-204.

Monteleone P, *et al.* (1990) Effects of phosphatidylserine on the neuroendocrine response to physical stress in humans. *Neuroendocrinology*. 52(3): 243-8.



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PHOSPHOGABAMINE

We stand by the quality & effectiveness of every single product we sell. The NutriChem promise is a dedication and commitment to our customers of over 40 years. We are so confident in the effectiveness of our Phosphogabamine formulation that if you do not see results within 30 days of purchase we will happily provide a full refund*

Why try Phosphogabamine?

Phosphogabamine is our best selling formula for calming anxiety, managing stress and promoting relaxation that has been a staple of the NutriChem product line for over 15 years. The synergistic blend of phosphatidylserine, GABA, and L-theanine works quickly and effectively by gently reducing cortisol levels (our stress hormone) in response to acute and/or chronic stress, resulting in an improved sensation of calmness and reduction in restlessness & agitation. Phosphogabamine is a safe, non-sedating formula that can support those with anxiety, restlessness & poor quality sleep.

Do I qualify for the guarantee?

You can qualify for the guarantee if you are a first time purchaser of Phosphogabamine and you take the product as directed consistently for 25 days.

How to claim the guarantee ?

In order to claim the guarantee, we require:

1. A completed Phosphogabamine money back refund form. This can be provided to you to fill out in the front store at NutriChem or email info@nutrichem.com to receive and submit a form electronically.
2. Original sales receipt within 60 days of purchase.

Terms & Conditions

**Offer is limited to one (1) per household. Purchases must be made between May 16th, 2023 and August 31, 2023. NutriChem reserves the right to vary or rescind the offer at any time. For first time purchasers only. In order to qualify for a full refund you must take the full recommended dose (2 caps 2 x per day) for 25 days. In order to receive your refund, we require 1. A completed refund form 2. Original sales receipt within 60 days of original purchase. Refunds are applied to product only, and do not include shipping, delivery or any other charges. Offer is limited to one (1) per household.*



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