# Mega Marine+

A source of EPA and DHA for the maintenance of good health.

## What is Mega Marine+?

NutriChem Mega Marine+ is a high quality essential fatty acid supplement obtained from anchovies and sardines which provide generous quantities of omega-3 fatty acids in two ready-to-use forms. Specifically, EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) are the two advanced forms of omega-3 fatty acids found in coldwater fish.

# Why take Mega Marine+?

Research has shown that EPA and DHA are of value in regulating inflammatory responses, as well as supporting cognitive abilities. Studies have also shown these coldwater fish oils to improve blood vessel dilation and elasticity while reducing triglycerides and pulse pressure in patients with high cholesterol.

# Who benefits from taking Mega Marine+?

Individuals with inflammatory conditions such as arthritis, psoriasis, eczema or fibromyalgia may benefit from omega-3 fish oils. Those with circulatory issues such as high blood pressure, elevated LDL cholesterol and high triglycerides can often obtain significant benefit from these fatty acids. In addition, those wishing to improve their mental abilities such as focus and memory may find omega-3 fish oils helpful.

## Pure, Health-Supportive Oils

None of us benefit from exposure to cadmium, lead, mercury and arsenic. Polychlorinated biphenyls (PCBs) are also dangerous chemicals which, like heavy metals, may become concentrated in the fatty tissues of land and aquatic animals. NutriChem's Mega Marine+ is certified to be within the tested standards for heavy metals and PCBs, to give you peace of mind that what you are ingesting is nutritious, not poisonous. Each capsule of Mega Marine+ contains naturally-sourced vitamin E to guard against spoilage. Vitamin E is a fat-soluble antioxidant, providing protection against cell-damaging chemicals.

## **Free of Common Allergens**

NutriChem's Mega Marine+ is free of common allergens such as gluten and dairy, making it a safe choice even for those with sensitivities to these substances, and for those without the capacity to digest or assimilate them.



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#### Non GMO • Gluten Free

# Soft capsules:

Fish oil \* 1000 mg

\* Anchovy and Sardine)

EPA (Eicosapentaenoic Acid) 400mg

DHA (Docosahexanoic Acid) 200mg

#### Non-medicinal ingredients:

Gelatin, glycerin, purified water and vitamin E

Free of alcohol, artificial flavours, artificial colours, berries, MSG, maltodextrin, celery, corn, cotton seed, dairy products, egg products, flavour, gluten, lactose, lupin, mollusk, peanuts, peanut oil & derivatives, artificial and natural preservatives, other nuts, rice, safflower oil & derivatives, sunflower oil & derivatives, sesame, sesame oil & derivatives, sodium, starch, added sugar, added sulphites, tree nuts & derivatives, tartrazine, wheat products, yeast. Non GMO.

**Directions:** I soft gel 2 times daily, or as directed by a health practitioner.

Adult use only.

Recommended storage conditions: Store in cool, dry place, in airtight container, container, protected from light.

Do not use if seal around cap is broken or missing.

#### **Key Applications**

Hormonal Balance Immune Health Cardiovascular Health

# Complementary Supplements Vitamin E

## References:

I. Nestel, P. et al. The n-3 fatty acids eicosapentaenoic acid and docosahexaenoic acid increase systemic arterial compliance in humans. Am J Clin Nutr. 2002 Aug; 76(2):326-30.