

# Gazette

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# Lack of social interaction affects children



CEO of The Voice Clinic Monique Rissen-Harrisberg. Photo: Supplied

Is your child stuttering, mumbling and losing confidence in social interactions or public speaking?

Perhaps they could do with assistance from the Voice Clinic.

CEO of The Voice Clinic Monique Rissen-Harrisberg said lockdown and learning from home had placed many children out on a limb in social interaction and self-confidence.

"Children have lost confidence in speaking to others and relating to others. Many mumble, appear distant and are unable to communicate effectively," explained Rissen-Harrisberg.

The Voice Clinic, situated in Saxonwold, offers a free assessment after which measures to remedy the situation and place children from the age of six back on track are recommended.

"We could recommend one-on-one coaching or that the child joins Teen Speak Holiday Camp,

where they will learn to improve their communication skills through drama and games and build their confidence and enhance themselves to be able to interact with others.

"There's nothing worse than seeing a child being nervous due to a lack of confidence. We create a creative and supportive place to build those skills in a positive and constructive way."

Rissen-Harrisberg gave the example of twin boys who came to the clinic when they were six years old.

The one child had a bad stammer and struggled to communicate.

After finishing the programme at the clinic, he emerged with great confidence.

"Younger children are much more adaptable than adults and learn and change quickly."

The clinic also caters for teenagers and adults with low

confidence levels.

Rissen-Harrisberg advises parents to build their children's confidence by giving their children two genuine compliments every day and showing children that they believe in them.

"Parents often do stuff for their children and this makes them lose confidence in their own ability. Parents must focus on what their children can do and not what they can't do."

Victims of bullying, children battling with confidence, those socially uncomfortable, mumbler, stammerers and those who have difficulty interacting with peers are people who can benefit from the offerings at the clinic.

All facilitators are highly trained in communication skills, speech and drama as well as The Voice Clinic methodology. Details: www.thevoiceclinic.co.za to book an assessment.

**4 WAYS THAT YOU CAN REGISTER TO RECEIVE YOUR COVID-19 VACCINE:**

- REGISTER ONLINE: [www.sacoronavirus.co.za](http://www.sacoronavirus.co.za)
- DIAL \*134\*832# and register via USSD
- SEND THE WORD 'REGISTER' via WhatsApp to 0600 123 456
- CALL THE NATIONAL TOLL-FREE CALL CENTRE on 0800 029 999

## Pavement competition held for Parkhurst

The Parkhurst Pavement competition is organised annually by Nan Roberts Estates. This year, the competition was won by the 93 10th Street, Parkhurst property, which is owned by Anne Probst.

Pictured here is intern assistant Minnie Skhosana, winner Anne Probst, gardener Laston Niyrenda and owner Michael Capela. Photo: Supplied



**2021 READERS' CHOICE Best of the best**

## PIONEER HOUSE CARE CENTRE

- 15 Trilby Street, Oaklands -

### YOU are invited to our Morning Market!

Bring your loved ones, young and old and join us on 26<sup>th</sup> March 2022 from 10am till 3pm. Savour the foods on sale. Take a tour of our Village and meet our Residents and Staff.

**Let us help you look after your loved one**

- 24-hr Care
- 3 Nutritionally Balanced Meals daily
- Weekly Shuttle Service
- Daily Cleaning Service
- Laundry
- Occupational Therapist
- Non-denominational Church Services
- Events and Outings
- Arts and Crafts
- Hairdresser
- 24-hr Security

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## Pruning and removal of trees in the City of Johannesburg

Johannesburg City Parks and Zoo (JCPZ) is responsible for the maintenance and management of street trees on council owned land, on behalf of the City of Johannesburg.

However, JCPZ does not embark on any removal and pruning of trees on private properties.

Residents can report fallen trees and hanging branches to crmgroupp@jhbcityparks.com or register at Joburg Connect Call Centre on 011 375 5555 or 086 0562 874 and obtain a reference number.

Thereafter, the call is dispatched to a JCPZ team who will remove the fallen tree within 10 to 24 hours.

The process to remove big stumps slightly differs due to the size of the foliage i.e. the big stump is removed to a safer zone to the side of the road, and the tree base will be chipped within three (3) working days, loaded and dumped at various Pikitup sites.

