

Pixie Glassworks Essential Oil Blends

Goddess

This blend consists of the essential oils: Clary Sage, Geranium, Rosewood, Bergamot and Himalayan Cedarwood.

This blend is soft, calming and balancing; a true gift to women.

Clary Sage and Geranium offer hormonal balancing qualities while the grounding, connecting nature of rosewood helps remove stress and nervous tension. The uplifting freshness of bergamot is perfectly rounded out by the balsamic, sweet scent of Himalayan Cedarwood.

- Use aromatically in your Pixie Aromatherapy Products. Simply breathe deeply to enjoy the calming, elevating nature of this blend.
- Diffuse by adding 5 drops to the water in your favorite aromatherapy diffuser.
- Make massage oil fit for a Goddess! Add 3 drops to a teaspoon of carrier oil such as almond, sesame or fractionated coconut oil. Rub over abdomen to ease cramps and relieve tension.

*** Keep out of reach of children**

*** If pregnant or under a doctor's care, consult your physician.**

*** If using topically, dilute and avoid direct sunlight on treated area.**

Passion

This blend consists of the essential oils: Patchouli and Ylang-Ylang

This aphrodisiacal blend is sultry and seductive, deep and rich.

The euphoric nature of Ylang-Ylang brings out the warmth, sensitivity and self-confidence of the feminine; the musky, woody qualities of Patchouli carry the grounding, balancing nature of the masculine.

- Use aromatically in your Pixie Aromatherapy Products. Simply breathe deeply to enjoy the sensual nature of this blend.
- To create the mood for passion: diffuse by adding 5 drops to water in your favorite aromatherapy diffuser.
- For a sensual bath: Add 5 drops to bath water (or add to bath salts before adding salts to water).
- For an aphrodisiacal massage oil: add 3 drops to 1 tsp. carrier oil such as almond, sesame or fractionated coconut oil.

*** Keep out of reach of children**

Relax

This blend consists of the essential oils: Lavender, Mandarin and Himalayan Cedarwood.

Blended to ease the body, balance the mind, and soothe the soul.

Lavender's familiar calming, soothing and purifying qualities are complimented by the joyful, fruity scent of mandarin and the grounding, woody fragrance of Himalayan Cedarwood. Relax is our best selling oil and can be enjoyed by most everyone.

- Use aromatically in your Pixie Aromatherapy Products. Simply breathe deeply to enjoy the relaxing nature of this blend.
- To cleanse & purify the air with pleasant smelling antiseptic oils, diffuse by adding 5 drops to the water in your favorite aromatherapy diffuser.
- For a relaxing bath: add 5 drops to bath water, or add to bath salts before adding salts to water.
- For a relaxing massage oil: add 3 drops to 1 tsp. carrier oil such as almond, sesame or fractionated coconut oil.
- To help ease insomnia: apply 2 drops to the bottoms of the feet before bed.
- Dilute in spray bottle to bring freshness to linens and pillows. Use 20 drops/ 100 mL of water. Shake well and apply a light mist.

*** Keep out of reach of children**

*** If pregnant or under a doctor's care, consult your physician.**

*** If using topically, dilute and avoid direct sunlight on treated area.**

Chai Spice

This blend consists of the essential oils: Cinnamon, Cardamom, Clove, Ginger, Aniseed and Orange.

A warm and festive blend that is sure to spice you up!

The carminative, restorative properties of the oils in this blend lend themselves in stimulating a healthy appetite, aiding digestion and helping to curb nausea. Some of these oils also possess antiseptic, antiviral and antibacterial agents making them useful during cold and flu season, and for general cleansing and purifying around the home.

- Use aromatically in your Pixie Aromatherapy Products. Simply breathe deeply to enjoy the warming, spicy nature of this blend.
- To bring a festive, cozy atmosphere to your home: add 5 drops to the water in your favorite aromatherapy diffuser. This will also cleanse & purify the air.
- Dilute in a spray bottle to clean kitchen surfaces, door knobs, telephones or any other well-used surfaces. Use 20 drops/ 100 mL of water. Shake well.

*** Keep out of reach of children**

*** If pregnant or under a doctor's care, consult your physician.**

*** If using topically, dilute and avoid direct sunlight on treated area.**

Energize

This blend consists of the essential oils: Peppermint, Lemon and Aniseed.

This stimulating, fresh and crisp blend is great for cooling the system, supporting mental clarity and improving concentration.

These oils can also be soothing to a nervous stomach and can aid in the relief of headaches and respiratory conditions. Antiseptic, antiviral and antibacterial agents are present in this blend making it a great ally in the treatment of fever, nausea, bronchitis and the flu.

- Use aromatically in your Pixie Aromatherapy Products. Simply breathe deeply to enjoy the energizing nature of this blend.
- To bring a fresh, clean atmosphere to any room: add 5 drops to the water in your favorite aromatherapy diffuser. This can also help clear airborne pathogens from the air.
- Dilute in spray bottle to clean kitchen surfaces, door knobs, telephones or any other well-used surfaces. Use 20 drops/ 100 mL of water. Shake well.

*** Keep out of reach of children**

*** If pregnant or under a doctor's care, consult your physician.**

*** If using topically, dilute and avoid direct sunlight on treated area.**

Refresh

This blend consists of the essential oils: Eucalyptus, Lime and Grapefruit.

Breathe easy with this uplifting, invigorating citrus blend!

The antiviral, antiseptic and tonic properties present in these oils, makes this blend useful in the treatment of respiratory ailments such as: asthma, bronchitis and coughs. Eucalyptus works specifically on the lungs while the lime and grapefruit oils stimulate, invigorate and contribute their anti-depressive qualities.

- Use aromatically in your Pixie Aromatherapy Products. Simply breathe deeply to enjoy the refreshing nature of this blend.
- For a breath of fresh air: Rub 3 drops into palms of hands, then cup hands around mouth and nose and take a few deep breaths.
- To cleanse, purify and enliven the air: add 5 drops to the water in your favorite aromatherapy diffuser. This can help clear airborne pathogens from the air.
- Dilute in a spray bottle to clean kitchen surfaces, door knobs, telephones or any other well-used surfaces. Use 20 drops/ 100 mL of water. Shake well.

*** Keep out of reach of children**

*** If using topically, dilute and avoid direct sunlight on treated area.**

Cheer up

This blend consists of the essential oils: Bergamot, Geranium and Lemongrass

If sunshine could be bottled, this is how it would smell! These uplifting oils can turn any frown upside-down.

The calming, antidepressant qualities of bergamot combined with the hormonal balancing attributes of geranium plus the tonic, refreshing nature of lemongrass formulate a blend that helps you feel happy! Lemongrass aids in building the immune system and contains antiseptic, bactericidal and fungicidal agents. A healthy body promotes a healthy mind.

- Use aromatically in your Pixie Aromatherapy Products. Simply breathe deeply to enjoy the sunny nature of this blend.
- For a cheerful bath: add 5 drops to bath salts and soak in tub.
- To clear away the cobwebs and enjoy a fresh start to your day: add 5 drops to the water in your favorite aromatherapy diffuser.
- Dilute in spray bottle to clean kitchen surfaces, door knobs, telephones or any other well-used surfaces. Use 20 drops/ 100 mL of water. Shake well. This spray can also be used as an insect repellent.

*** Keep out of reach of children**

***If using topically, dilute and avoid direct sunlight on treated area.**

Fortify

This essential oil blend consists of: Rosemary, Eucalyptus, Lemon, Cinnamon and Clove.

According to legend, this recipe (also known as Thieves' Oil) has its roots in the time of the Black Plague. Thieves were caught robbing the victims while somehow managing to evade contracting the Plague themselves. In court, they admitted to using a combination of powerful herbs with antiviral, antibiotic and antiseptic qualities. Now it's available in a concentrated pure essential oil blend!

- Use aromatically in your Pixie Aromatherapy Products. Simply breathe deeply to enjoy the health-enhancing properties of this blend.
- To cleanse & purify the air: add 5 drops to the water in your favorite aromatherapy diffuser. This can help clear airborne pathogens from the air.
- Dilute in spray bottle to clean kitchen surfaces, door knobs, telephones or any other well-used surfaces. Use 20 drops/ 100 mL of water. Shake well.
- Feeling under the weather? Add 3 drops to 1 tsp. carrier oil such as almond, sesame or fractionated coconut oil. Massage into the bottoms of the feet before bed.

*** Keep out of reach of children**

*** If pregnant, epileptic or under a doctor's care, consult your physician.**

*** If using topically, dilute and avoid direct sunlight on treated area.**

Greenman

This essential oil blend consists of: Spruce, Fir Needle, Rosewood, Lime and Himalayan Cedarwood.

Spruce and fir needle from Austria offer immune and respiratory supporting qualities while the grounding, connecting nature of rosewood helps remove stress and nervous tension. The uplifting freshness of lime is perfectly rounded out by the balsamic scent of Himalayan Cedarwood to make a blend fit for a king!

- Use aromatically in your Pixie Aromatherapy Products. Simply breathe deeply to enjoy the grounding, restorative nature of this blend.
- To cleanse & purify the air with pleasant smelling antiseptic oils, diffuse by adding 5 drops to the water in your favorite aromatherapy diffuser.
- For a nature bath: add 5 drops to bath water, or add to bath salts before adding salts to water.
- For a stimulating massage oil: add 3 drops to 1 tsp. carrier oil such as almond, sesame or fractionated coconut oil.

*** Keep out of reach of children**

*** If pregnant or under a doctor's care, consult your physician.**

*** If using topically, dilute and avoid direct sunlight on treated area.**

****This information is for educational purposes only, and is not intended to prescribe, treat, prevent, or diagnose any disease or condition.**