Knitting Needle Sizes Old and New

Our knitting needles size chart is a handy reference tool to convert knitting needle sizes between different measurement systems. Most modern knitting patterns in the UK and Europe use the metric number sizes, measured in millimetres (mm) for all knitting needles. The higher the number, the larger the thickness of the needles. In the USA, needle sizes start at 0 and increase upwards. Zero is the smallest size knitting needle, in metric a 2mm needle.

Knitting Needle Size Conversion Chart

Also included in the table below are the Crochet hook sizes, in letters.

In our experience, there is no easy way to remember these different numbers and letters other than by using them in your knitting and crochet projects!

Metric	Kneedle Size (UK)	Kneedle Size (USA)	Crochet Hooks (USA)
2.00	14	0	-
2.25	13	1	В
2.50	_	1.5	-
2.75	12	2	С
3.00	11	_	-
3.25	10	3	D
3.50	-	4	E
3.75	9	5	F
4.00	8	6	G

Metric	Kneedle Size (UK)	Kneedle Size (USA)	Crochet Hooks (USA)
4.50	7	7	-
5.00	6	8	Н
5.50	5	9	I
6.00	4	10	J
6.50	3	10.5	К
7.00	2	-	-
7.50	1	-	-
8.00	0	11	L
9.00	00	13	-
10.00	000	15	-
12.00	-	17	-
15.00	-	19	-
19.00	-	35	-
20.00	-	36	-