

A top-down photograph of a white ceramic cup filled with amber-colored tea, resting on a matching saucer. The cup and saucer are centered on a bed of crumpled fabric. To the left and top are pieces of white, textured fabric, possibly lace or gauze. To the right and bottom are pieces of beige, textured fabric, possibly linen or cotton. The entire scene is framed by a thin white border.

One Word

margaret feinberg

What's your one word?

Sweet Friends,

Maybe you're in a season of abundance. You have favor and delight and more opportunities than you know what to do.

Maybe you're in a season of grace. You're learning your limitations, discovering weaknesses, and awakening to God's provision in the midst.

Maybe you're in a season of adversity. Your marriage or finances or health or job or relationships are crumbling.

No matter what season you find yourself in, your Heavenly Father wants to speak to you.

The beginning of a new year provides an opportunity for reflection and vision casting. This is a season to both look back and press forward in our relationship with God.

Over the past few years, I've asked God to give one word for the upcoming year.

One word that I can study.

One word that will perk my ears every time it appears.

One word that can be used to know the depths of God's heart.

One word that will lead me closer to Christ.

Previous years' words include—listen, wonder, joy, and love. Each word has drawn me deeper into Scripture, closer to others, and helped me grow in my faith.

This year, I'm inviting you to ask God for your one word.

The word He wants to use to transform you and make you radiant like Christ.

May this One Word Guide awaken you to the work that God will be doing in and through you during the upcoming year.

Blessings,
Margaret

step one:

Before you begin reflecting on the list of words below, spend some time in prayer asking God what one word He wants to awaken you to during the upcoming year. Then spend a few moments reflecting over the list of words below. Circle any that you feel compelled to discover more of in your life.

Jesus	Gospel	Forgive	Unity
Father	Remember	Freedom	Stillness
Spirit	Blessing	Humility	Silence
Love	Kingdom	Faith	Gratitude
Joy	Church	Trust	Purpose
Hope	Time	Wholeness	Now
Grace	Holy	Restoration	Ask
Peace	Service	Redemption	Abundance
Kindness	Healing	Renewal	Family
Gentleness	Life	Rebuilding	Alive
Self-Control	Today	Shalom	Purity
Patience	Prayer	Faithful	Wisdom
New	Disciple	Presence	Deeper
Goodness	Follow	Sacrifice	Go
Generosity	Lead	Change	Yes

step two:

If you circled more than one word, write them in the space below. Take time to pray and ask God which one He wants to echo in your life in the upcoming year. Which word will lead you to more than information but transformation?

A large grid of dotted lines for writing.

step three:

Write your one word in the space below in large print, all caps. Consider posting this word near your desk, on you bathroom mirror, or in a central place in your home.

A large grid of dotted lines for writing a word in all caps.

step four:

In the space below, write out a prayer asking God to draw you deeper to Him and His Word using this one word in 2020. Ask for your ears, mind, eyes, and heart to be open to all of the ways He speaks this year.

A large grid of dots for writing a prayer. The grid consists of 25 columns and 25 rows of small, evenly spaced dots, providing a guide for handwriting.

step five:

Now that you've selected your #oneword for 2020, here are some ways to incorporate this one word into your daily life:

- Each day invite God to speak to you about your one word.
- Consider sharing your word with others and inviting them to identify their one word.
- Pray for each other to grow in this area of their lives.
- Post your one word in places you see often. On a piece of jewelry, a sticky note on your desk, your cell phone background. Use each time you see it as a reminder to pray for transformation in your heart and life.
- Use an online tool like biblegateway.com to research your one word. Discover how Scripture uses your word and what the Bible reveals about it.
- Share what you're learning with others.
- Consider making a one word journal or diary and keep track of when you encounter your one word through interactions, conversations, and readings.

I'd love to know what your #oneword is for 2020. Snap a picture of your word on Instagram, Twitter, or Facebook and tag @mafeinberg. My hope and prayer is that this upcoming year God will use your one word to make you more like Christ.

Huge hug,
Margaret

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