

added to a whatsapp group of your cohort. Please note that this Whatsapp group is exclusively for

If you signed up for Yes Moms, you would have been

parents signed up for Yes Moms.

The goals of our community are to: 1. Find information and advice that you can trust, from the

- experts and the experienced. Please note that we will also have a nutritionist/paediatrician to respond to questions posted by you on the group at a defined time slot. 2. Provide all parents with a safe space to ask each other
- questions, give and receive advice, share personal experiences and depend on one another for support. 3. Share recipes, tips and all the collective knowledge as
- 4. Have fun along this beautiful journey of feeding your little ones!

mothers to nurture and nourish our little ones.

To meet the collective goals of our community, it's important that all members feel safe and supported. To

take a look at our community guidelines: Positive guidelines:

1. Introduce yourself to the group when you first join, for

example, you could share your name, age of your little

help everyone have the best possible experience, please

ones, city you live in and key topics you're looking to get support on.

topics relating to weaning or nutrition for your little ones. 3. Treat others as you would treat them in real life. 4. Be polite and communicate with respect.

2. Feel free to post questions and start discussions on any

6. Contact us directly with feedback at yesmoms@wholsumfoods.com.

5. Respect the privacy of other community members.

Rules and restrictions 1. Don't share posts on topics that are not related to

weaning or nutrition for your little ones.

3. Don't post promotional content. 4. Personal attacks, trolling and abuse will not be

2. Don't post irrelevant messages or forwards.

- 5. Don't post explicit, rude or aggressive content. In the event of someone violating these guidelines, we will take action to protect other members of the group.
- or repeat behaviour, the member may be banned from the community.
- follow our community guidelines, please contact us directly at yesmoms@wholsumfoods.com. All reports are kept confidential.

If you experience or witness any behaviour that doesn't

This might include a warning or in the event of extreme

tolerated.

Important Any statements or claims made by the experts are not intended as medical advice. The views and opinions expressed by the experts are those of the experts and do not necessarily state or reflect those of Slurrp. Slurrp does not claim to cure, prevent, diagnose, or treat any nutrition-related disease or health condition. You should always consult a qualified healthcare professional before changing your child's diet or medications. Each

child's dietary needs and restrictions are unique to that

child. You shall be responsible for all decisions

pertaining to your child's health.