

# ACTIVITIES YOU CAN CONTROL

BUSINESS HAVE TO



PERSONAL HAVE TO



BUSINESS WANT TO



PERSONAL WANT TO



DESIGNATE YOUR TIME

# BLOCKS

	<u>SUN</u>	<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT</u>
<u>5</u>							
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<u>12</u>							
<u>1</u>							
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